

THRU THE HANDS OF GOD .

ONE HAND HELPING ANOTHER

(North Parish's Mission Statement)



Olnhiji rrgitwhz dugvirijikhip dqlirogiji udfhiriji rgjithiyhitqhitqrwkhiji z lwkiz kowyniji liwindfkiriji rxikovithinlyngiihiii.shwhu #=43#

Dear Members of North Parish.

During this pledge season, we've been reading refelections of our Faith Filled Generosity. On Sunday, November 22ⁿ we ask that you bring your filled pledge card and place it in the offertory plates. You can also mail your card to: North Parish, P.O. Box 487, Frackville, PA 17931.

Thank you for your faith filled generosity to your church. We are grateful you are part of the North Parish family.

FAITH-FILLED GENEROSITY: my 2021 pledge

In gratitude for God's many blessings, I/we pledge \$
I/we plan to fulfill this pledge weekly, monthly,annually. NAME
ADDRESS
PHONE EMAIL
Please contact me about including the church in my estate plans. North Parish

P.O. Box 487 Frackville, PA 17931



NOVEMBER MEMORIALS

WAFERS: In memory of Frank and Mildred Whyne Waldner by Diane Lippincott.

In memory of my friend Frank Baldino who was killed in action on 11/14/1968 and are given by Carol Jones.

In memory of Alice and Raymond Umlauf by the Umlauf Family.

BULLETINS: In memory of Frank and Mildred Whyne Waldner by Diane Lippincott.

In memory of Alice and Raymond Umlauf by Susan Noble and Family.

SANCTUARY CANDLES: In memory of Betty Noble and Cole Joshua Lauver by the Hynoski Family.

In memory of Chet Shanoskie by Nancy.



DECEMBER MEMORIALS

WAFERS: In memory of Bob Jones by Carol Jones.

In memory of Katie Strunk Whyne Schenk by Diane Lippincott.

BULLETINS: In memory of Harold and Deborah Strunk by the Strunk and Ulceski Families.

In memory of Alice and Raymond Umaluf by Susan Noble and Family.

In memory of Margaret Ann Connors by Claudia Moyer.

SANCTUARY CANDLES: In memory of Chet Shanoskie by Nancy.

In memory of Cole Joshua Lauver by the Hynoski Family.

In memory of Alex Newman by Claudia Moyer.

The November/December Newsletter is in memory of Orme C. and Merle E. Frantz by daughter Peggy Frantz.

CHRISTMAS FLOWERS/MEMORIAL DONATION FORM



Please fill out this form and place it in an envelope with your donation and place it in the collection or mail it to the church office: North Parish, P.O. Box 487, Frackville, PA 17931 PLEASE NOTE:

MEMBERS OF HOLY APOSTLES - Please give your donations to Lois Hewes.
Checks should be made payable to Good Shepherd's Guild
MEMBERS OF ST JOHN'S - Please give your donations to Elaine Ulceski
Checks should be payable to St. John's ECW

Name of Donor(s):	
Church:	
In Loving Memory of:	
In Loving Memory of:	
In Loving Memory of:	
Amount Enclosed:	

PLEASE RETURN BY December 13, 2020.

All memorials will be published in the January/February Newsletter.

Thanksgiving Day Dinner

November 26, 2020



Holy Apostles' Episcopal Parish Hall 307 E. Hancock St. St. Clair, PA

Please RSVP by November 19th



Call Bonnie Baker at (570) 429-2272

Take Out and Delivery available
No Eat In due to Covid-19 restrictions

Delivery Beginning – 11:00 a.m.

Pick Up - 12 noon - 12:30 p.m.

Volunteers are needed to cook, run deliveries and package meals. A sign-up sheet is available at each church. Please sign up by November 22nd if you can help.

We also need donations of turkeys and pumpkin pies. Monetary donations will also be accepted to help with the dinner. Please make checks out to: North Parish. If you can donate any of these items or help with preparations, please contact Bonnie Baker.



CHRISTMAS EVE SERVICES

December 24, 2020 Holy Eucharist

4:30 p.m. – Holy Apostles, St. Clair Celebrant – The Rev. Timothy Albright

6:30 p.m. – St. John's, Ashland Celebrant – The Rev. Timothy Albright



NOVEMBER BIRTHDAYS

1 – Bonnie Hynoski Denise Ulceski

4- Nicole Scanlan

6 – Sam Correll Ryder Chase Bowers

8 – Carole James

10 - Lilly Meade

17 – Aubrey Scanlan

19 – Albert Leibig, Jr.

21 - Ryan Lindenmuth

22 - Nicholas Price

24 – Neal R. Miller Mary Umlauf

26 - Charlotte Smith

27 – Theresa Price

28 – Christie Joy Donatti

30 – Monique Snyder Patricia Snyder

Frances Clamser



DECEMBER BIRTHDAYS

2 – Joshua Jacobs4 – Jennifer EvansJanis IdellMary Price

8 – Randall Snyder

10 – Brooklyn Hewes

12 – Holly Jazwinski Sue O'Neill Michael Lesher Alicia Rathosky

14 – Albert Leibig

15 – Dakotah Hewes

18 - Robert Scheuren

21 - Clayton Demcher

23 - Jane Shaqfeh

26 – John Price, Jr. Stephen Ulceski

27 - Mary Alice Reese

If your birthday is listed incorrectly or it is not included on the birthday list, please notify the church office. Thank you.

2021 MEMORIALS AVAILABLE:

IT IS NOW TIME TO RENEW YOUR MEMORIALS FOR 2021. If you are interested in memorials please contact the church office by phone (570-429-7107) or by sending a note to the church secretary:



Shannon Mozdy, North Parish, P.O. Box 487, Frackville, PA 17931 OR You can also give your memorials to your church treasurer: Holy Apostles – Marsha Dudash, St. John's – Elaine Ulceski

The donations for monthly memorials are as follows: Sanctuary Candles - \$5.00 Bulletins - \$10.00; Wafers - \$10.00, Newsletters - \$10.00



All articles for the JANUARY/FEBRUARY NEWSLETTER should be submitted to our Parish Secretary, Shannon no later than Monday, December 14th.



PLEASE PRAY FOR:

John Coddington	Nick Lane	Anthony Palizzotto
Naomi Davis	Rita Laspina	Mary Price
Elizabeth Frantz	Kristin Lecher	Sandi Riedel
Phil Frantz	Carlo Lombardi	Joe Scheuren
Taryn Harris	Bernadette Moran	Charlotte Smith
Kenny Herring	Tracey Miller	James Spieles Jr.
Lois Hewes	Susan Noble	Kathleen Swiss
David Hewes, Sr.	Kimberly Olsen	Easton Ulceski
Tammy Hoffman	Raymond Moyer	Eddie Ulceski
Bonnie Hynoski	Shirley Moyer	Elaine Ulceski
Mckenzie Kline	Gertrude Newman	Judith Wright

PRAYER LIST POLICY:

We will begin a new prayer list beginning January 1st. If you would like your name to remain on the prayer list or you need to add someone, please notify the office before then.

We ask that you call the church office at 570-429-7107 or email us at nparish@ptd.net. Please leave your name, phone number and the name of the person for the prayer list.

You can also mail the form below to the church office at: North Parish, P.O. Box 487, Frackville, PA 17931

Temp. Restricted Fund

Name on the prayer list:	
Person making the request:	

Please note: The prayer list will be updated at the end of June also.

JULY 2020 FINANCIAL REPORT

	North Parish Disbursements	
	General Account	
\$ 3,314.13	July	\$ 5,034.45
\$ 33,467.51	Year to Date Exp.	\$ 37,384.45
\$ -		
\$ 3,000.00		
	M&I Account	
\$ 85.81	July	\$ -
\$ 3,059.81	Year to date	\$ 3,000.00
	Memorial Account	
\$.71	July	\$ -
\$ 5.93	Year to date	\$ -
	FOR	
\$ 6,708.94		
\$ 29,923.85		
\$ 11,810.94		
	\$ 33,467.51 \$ - \$ 3,000.00 \$ 85.81 \$ 3,059.81 \$.71 \$ 5.93 \$ 6,708.94 \$ 29,923.85	General Account \$ 3,314.13 \$ 33,467.51 \$ Year to Date Exp. \$ - \$ 3,000.00 M&I Account \$ 19 19 19 19 19 19 19 19 19 19 19 19 19

AUGUST 2020 FINANCIAL REPORT

North Parish Receipts			North Parish Disbursements	
General Account			General Account	
	August	\$ 4,398.00	August	\$ 4,642.42
Year to Date Gen. Recei	pts	\$ 37,865.51	Year to Date Exp.	\$ 42,026.87
Transfer in from M&I (co	urrent)	\$ -		
Transfer M&I Year to Da	ite	\$ 3,000.00		
M&I Account			M&I Account	
	August	\$ 86.27	August	\$ -
Year to date	· ·	\$ 3,146.08	Year to date	\$ 3,000.00
Memorial Account			Memorial Account	
	August	\$.51	August	\$ -
Year to date		\$ 6.44	Year to date	\$ -
Balances				
General Account		\$ 6,464.52		
M&I Account		\$ 30,010.12		
Memorial Fund		\$ 11,811.45		
Temp. Restricted Fund				

SEPTEMBER 2020 FINANCIAL REPORT

North Parish Receipts		North Parish Disl	oursements
General Account		General Account	
Septe	mber \$ 5,380.6	1 September	\$ 7,410.51
Year to Date Gen. Receipts	\$ 43,246.1	2 Year to Date Exp.	\$ 49,437.38
Transfer in from M&I (curren	it) \$ -		
Transfer M&I Year to Date	\$ 3,000.0	0	
M&I Account		M&I Account	
Septe	mber \$ 1,232.29	September	\$ -
Year to date	\$ 4,378.37	Year to date	\$ 3,000.00
Memorial Account		Memorial Accou	nt
Septe	mber \$.48	September	\$ -
Year to date	\$ 6.92	Year to date	\$ -
Balances			Por
General Account	\$ 4,43	4.62	
M&I Account	\$ 31,24	2.41	
Memorial Fund	\$ 11,81	1.93	
Temp. Restricted Fund			

VESTRY MEETING
Saturday, November 21st
10:00 a.m.
St. John's, Ashland, PA



NEWS FROM MARION C. PRICE TRUST FUND

Coping with the Covid-19 pandemic has been stressful. We have had fear and anxiety about a new disease, social distancing, feeling isolated and alone, mask wearing, going out among people and the effectiveness of the vaccine.

Many people are experiencing grief during this pandemic. You may feel grief due to a loss of a job, inability to connect-in-person with family, friends or religious organizations, missing special events and milestones such as: graduations, weddings, vacations, drastic changes to daily routines and ways of life that usually bring us comfort and a feeling of stability. Common grief reactions include: shock, disbelief, denial, anxiety, distress, anger, periods of sadness, or changes in sleep or eating patterns.

Adolescents may also experience grief in ways that are both similar to and different than children and adults. Adolescents may experience significant changes in their sleep patterns, isolate themselves more, frequently appear irritable or frustrated, withdraw from usual activities or engage more frequently with technology. It is important for parents or caregivers to engage with their adolescents over their grief to promote healthy coping and acceptance.

Acknowledge your losses and your feelings of grief.

- Find ways to express your grief. Some people express grief and find comfort through art, gardening, writing, talking to friends and family, cooking or music.
- Consider developing new rituals in your daily routine to stay connected with your loved ones to replace those that have been lost.
- Draw comfort from your faith. Reach out to your church family.
- Look after your physical and emotional needs. The mind and body are connected. When you feel healthy physically, you'll be better able to cope emotionally.
- Combat stress and fatigue by getting enough sleep, eating right and exercising.
- Don't use alcohol or drugs to numb the pain of grief or lift your mood artificially.

Distinguishing between grief and clinical depression isn't always easy as they share many symptoms, but there are ways to tell the difference. Grief involves a wide variety of emotions and a mix of good and bad days. With depression the feelings of emptiness and despair are constant.

Other signs of depression include: intense, pervasive sense of guilt, feelings of hopelessness or worthlessness, slow speech and body movements, or the inability to function at home, work and/or school.

If you've taken self-help steps and made positive lifestyle changes and still find your depression getting worse, do not hesitate to seek professional help. Depression can be treated and you can feel better.

If you experience thoughts of suicide or preoccupation with death – get help immediately - CALL 911

Thanksgiving is a time when many families travel long distances to celebrate together. The CDC offers the following considerations to help protect individuals, their families, friends and communities from COVID-19. Travel increases the chance of getting and spreading the virus that causes COVID-19. Staying home is the best way to protect yourself and others. If you must travel, be informed of the risks involved.

Lower risk activities

- Having a small dinner with only people who live in your household
- Preparing traditional family recipes for family and neighbors, especially those at higher risk of severe illness from COVID-19, and delivering them in a way that doesn't involve contact with others
- Having a virtual dinner and sharing recipes with friends and family
- Shopping online rather than in person on the day after Thanksgiving or the next Monday
- Watching sports events, parades and movies from home

Moderate risk activities

- Having a small outdoor dinner with family and friends who live in your community
 *lower your risk by following CDC's recommendations on hosting gatherings or cookouts
- Visiting pumpkin patches or orchards where people use hand sanitizer before touching pumpkins or picking apples, wearing masks is encouraged or enforced and people are able to maintain social distancing

Avoid these higher risk activities

- Going shopping in crowded stores just before, on or after Thanksgiving
- Attending crowded parades attending large indoor gatherings with people from outside of your household
- Using alcohol or drugs, which can cloud judgment and increase risky behaviors It is with mixed emotions I write this last newsletter article. After serving as your parish nurse for the past 24 years, I am retiring.

The new position will be called the Schuylkill County Elderly Health Advocate and Administrator of Marion C. Price Trust Fund.

Please be assured that caring for elderly Episcopalians will continue to be the focus of this position, only the name has changed.

It is our plan to introduce her to as many of you as possible during her weeks of orientation. We will visit the church services. Unfortunately, in this day of COVID, personal introductions will be difficult.

I have learned courage, strength, faith and love from all that I have met along the way and I thank you for allowing me into your homes and your lives.

I wish you all God speed, a Merry Christmas and a happy, healthy and safe New Year. You are in my heart forever.



NORTH PARISH EPISCOPAL CHURCH SERVICES

NOVEMBER 2020

Nov.	Moring Prayer	9:00 a.m.	St. John's	Robert Tiley		
1	Morning Prayer	11:00 a.m.	Holy Apostles	Donald Clamser Sr.		
Nov.	Holy Eucharist	9:00 a.m.	St. John's	The Rev. Dolores Smith The Rev. Dolores Smith		
8	Holy Eucharist	11:00 a.m.	Holy Apostles			
Nov.	Holy Eucharist	9:00 a.m.	St. John's	The Rev. Dr. Kurt Kovalovich		
15	Holy Eucharist	11:00 a.m.	Holy Apostles	The Rev. Dr. Kurt Kovalovich		
Nov.	Morning Prayer	9:00 a.m.	St. John's	Susan Noble		
22	Morning Prayer	11:00 a.m.	Holy Apostles	Bonnie Baker		
Nov.	Holy Eucharist	9:00 a.m.	St. John's	The Rev. Dr. Kurt Kovalovich		
29	Holy Eucharist	11:00 a.m.	Holy Apostles	The Rev. Dr. Kurt Kovalovich		
		DECEN	MBER 2020			
Dec.	Holy Eucharist	9:00 a.m.	St. John's	The Rev. Dolores Smith The Rev. Dolores Smith		
6	Holy Eucharist	11:00 a.m.	Holy Apostles			
Dec.	Morning Prayer	9:00 a.m.	St. John's	Susan Noble		
13	Morning Prayer	11:00 a.m.	Holy Apostles	Bonnie Baker		
Dec.	Holy Eucharist	9:00 a.m.	St. John's	The Rev. Dr. Kurt Kovalovich		
20	Holy Eucharist	11:00 a.m.	Holy Apostles	The Rev. Dr. Kurt Kovalovich		
Dec.	Holy Eucharist	4:30 p.m.	Holy Apostles	The Rev. Timothy Albright		
24	Holy Eucharist	6:30 p.m.	St. John's	The Rev. Timothy Albright		
Dec.	Morning Prayer	9:00 a.m.	St. John's	Donald Clamser, Sr.		
27	Morning Prayer	11:00 a.m.	Holy Apostles	Rober Tiley		
Nov. 1 Nov. 8 Nov. 15 Nov. 22	Notes: All Saints Da The Twenty- The Twenty- Christ the Ki	Color: White Green Green White				
Nov. 29 Dec. 6 Dec. 13 Dec. 20 Dec. 24	The First Sunday of Advent Purple The Second Sunday of Advent Purple The Third Sunday of Advent Purple or Rose The Fourth Sunday of Advent Purple The Nativity of Our Lord Jesus Christ: Christmas Eve White					
Dec. 27	The First Sunday after Christmas Day White					