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Dear Members of North Parish,

I'm excited by this year's stewardship theme, "Shining Our Light." That theme, taken from the fifth chapter of Matthew's Gospel, speaks to us as individuals and as a community of faith.

Individually, each of us is called to make sure we are letting God's light shine through our work, our friendships, our service and our giving. We are called to be light bearers. It is a powerful calling.

As a faith community, North Parish must shine the light of Christ through our worship, welcoming, pastoral care and ministry to the wider community. How we use our time, talents, and treasure determines how brightly we are shining our light.

At North Parish, I'm often blown away by the various ways members of our church keep their light shining brightly. Some of us make sure the snacks at the coffee hour are delicious and abundant. Others participate in our worship either by singing, leading morning pray, or assisting in the service. Still others prepare the worship space with flowers or altar vestments. Many of us also represent the church in our participation of various community service programs around Schuylkill County.

Once again reflections will be printed in the bulletins beginning October 6th to kick off our Stewardship Series and on November 17th we will then celebrate Pledge Sunday. A pledge card will be available in the next Newsletter and will also be available in the November 17th bulletins.

While during this pledge drive, each of us is asked to make a generous financial pledge for the coming year, I'm also grateful for the many gifts of time, food, and skills from our members of this church.

I hope you'll join me as we work together to shine our light in church, in our community and in our lives.

Faithfully,

Donald Clamser, Sr.
Stewardship Chair



SEPTEMBER MEMORIALS

WINE AND WAFERS: In memory of Earl Hess and Lester Jones by Carol Jones.
In memory of Betty Noble by the Hynoski Family.
In memory of Chet Shanoskie and his birthday by wife Nancy.

BULLETINS: In memory of Chet Shanoskie and his birthday by wife Nancy.

SANCTUARY CANDLES: In memory of Chet Shanoskie and his birthday by wife Nancy.
In memory of Rosemary and Edward Ulceski by the Ulceski Family.

OCTOBER MEMORIALS



WINE AND WAFERS: In memory of Alfred and Dolly Roberts by Bob and Kay Ann Kalbach.

BULLETINS: In memory of Roland Price Sr. by Roland Price and Mary Makely.

SANCTUARY CANDLES: In memory of Timothy Strunk by the Ulceski and Strunk Family.
In memory of Betty Noble by the Hynoski Family.

SEPTEMBER/OCTOBER NEWSLETTER: In memory of Chet Shanoskie and his birthday by wife Nancy.



2019 MEMORIALS AVAILABLE:

Newsletters – November/December

If you are interested in memorials please contact the church office by phone (570-429-7107) or send a note to the church secretary:

Shannon Mozdy, North Parish, P.O. Box 487, Frackville, PA 17931 OR

You can also give your memorials to your church treasurer:

Holy Apostles – Marsha Dudash, St. John's – Elaine Ulceski

The donations for monthly memorials are as follows:

Wine & Wafers - \$10.00; Bulletins - \$10.00; Newsletters - \$10.00; Sanctuary Candle - \$5.00



All articles for the NOVEMBER/DECEMBER NEWSLETTER should be submitted to our Parish Secretary, Shannon no later than Wednesday, October 9th. Volunteers are needed on Thursday, October 24th at 1:30 p.m. at Holy Apostles, St. Clair to help fold the newsletter.



PLEASE PRAY FOR:

Doris Behney
Anne Dorrance
Lois Hewes
Rita Hinchey
Jean Hoffman
Anna Hutchko
Dolores K.

McKenzie Kline
Nick Lane
Jim Lecher
Kristin Lecher
Bernie Moran
Raymond Moyer
Shirley Moyer

Mary Price
Fred Rabbits
Alfred Roberts
Charlotte Smith
James Spieles, Jr.
Jayson Stellar
Judith Wright

PLEASE PRAY FOR ALL THOSE SERVING THE MILITARY HERE AND ABROAD

Please call the church office if you have a loved one who needs prayers and also anyone who is serving our military. All those listed on the prayer lists are prayed for during Sunday services.



NORTH PARISH'S ANNUAL MEETING **St. John's, Ashland, PA** **October 20, 2019**

The Annual Meeting for North Parish will be held on Sunday, October 20th. The combined worship service will be at 9:00 a.m. followed by the meeting of all parishioners and a brunch. Come hear what we have done during the past year regarding outreach, property and membership. We will also vote on Vestry member terms and the 2020 Budget. All members of North Parish are asked to be in attendance.

VESTRY MEETING **Sunday, October 20th** **St. John's, Ashland, PA** **Following the Annual Meeting**



THANK YOU to everyone who volunteered their time, gave donations, baked treats, purchased tickets or helped in any way at our Strawberry and Peach Festivals. Thank you also to those folks who helped with donations and preparing and selling the food at Pioneer Day.

Our profit from the Strawberry Festival was \$890.00. The profit from Pioneer Day and the Peach Festival will be available in the upcoming bulletins.

K D S S \ # E U W K G D \ #



SEPTEMBER BIRTHDAYS

1 – Sarah Andrewcavage
2 – Mark Andrewcavage
5 – Ja' Shon Dennell Yelito
8 – Amanda Foerster
10 – Brittany Evans

10 – Scott Price
13 – Barry Idell
14 – Elizabeth Andrewcavage
15 – Rev. James C. Smith
20 – Kayla Ann Tiley

24 – Donald Clamser, Jr.
27 – Nancy Long
30 – Edward Ulceski

OCTOBER BIRTHDAYS

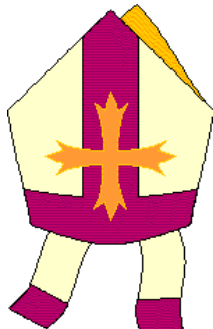


1 – Adalynn Eckrode
4 – Angela Bowers
5 – Rev. Timothy Albright
7 – Shannon Correll
Jeffery Hoffman
9 – Michelle Jacobs

11 – Claudia Rae Moyer
17 – Betty Haverty
Carol Jones
McKenzie Kline
19 – Linda Gerlott
20 – Jacqueline Demcher

26 – Ethan Correll
Elaine Scheuren
27 – Mila Pasinski
28 – William Umbenhaur
29 – Heidi Ann Higgins
31 – Robert Jones, Jr.

If your birthday is listed incorrectly or it is not included on the birthday list, please notify the church office. Thank you.



BISHOP'S VISIT

December 1, 2019

St. John's, Ashland, PA - 9:00 a.m.

Followed by a Reception

The Most Rev. Canon Kevin Nichols, Bishop of the Episcopal Diocese of Bethlehem will be with us on Sunday, December 1st at St. John's, Ashland. If you would like to become a member of North Parish please call the church office no later than September 4th so we can make preparations. You will then be received into the church during the Bishop's visit. Please mark your calendars now for this special visit and a reception following the service.

ASHLAND HISTORICAL SOCIETY at St. John's, Ashland
September 25, 2019 – 7:00 p.m.



Please join us as Senior Warden, Bonnie Baker will be giving the history of St. John's along with the history of the organ. There will be refreshments following the presentation. Everyone is welcome!!

MAY 2019 FINANCIAL REPORT

North Parish Receipts

General Account

	May	\$ 2,153.00
Year to Date Gen. Receipts		\$ 16,148.27
Transfer in from M&I		\$ -
Transfer M&I Year to Date		\$ 13,000.00

M&I Account

	May	\$ 88.08
Year to date		\$ 2,739.79

Memorial Account

	May	\$ 1.00
Year to date		\$ 24.87

Balances

General Account	\$ 1,285.26
M&I Account	\$ 36,456.70
Memorial Fund	\$ 11,798.09
Temp. Restricted Fund	

North Parish Disbursements

General Account

	May	\$ 5,397.45
Year to Date Exp.		\$ 63,076.27

M&I Account

	May	\$ -
Year to date		\$ 13,000.00

Memorial Account

	May	\$ -
Year to date		\$ -



JUNE 2019 FINANCIAL REPORT

North Parish Receipts

General Account

	June	\$ 6,818.21
Year to Date Gen. Receipts		\$ 22,966.48
Transfer in from M&I		\$ 5,000.00
Transfer M&I Year to Date		\$ 18,000.00

M&I Account

	June	\$ 1,469.44
Year to date		\$ 4,209.23

Memorial Account

	June	\$.97
Year to date		\$ 25.84

Balances

General Account	\$ 7,155.68
M&I Account	\$ 32,926.14
Memorial Fund	\$ 11,799.06
Temp. Restricted Fund	

North Parish Disbursements

General Account

	June	\$ 5,941.79
Year to Date Exp.		\$ 69,018.06

M&I Account

	June	\$ 5,000.00
Year to date		\$ 18,000.00

Memorial Account

	June	\$ -
Year to date		\$ -





FALL 2019 UTO Offering

The United Thank Offering (UTO) is a ministry of The Episcopal Church for the mission of the whole church. Through UTO, individuals are invited to embrace and deepen a personal daily spiritual discipline of gratitude. UTO encourages people to notice the good things that happen each day, give thanks to God for those blessings and make an offering for each blessing. UTO is entrusted to receive the offerings, and to distribute the 100% of what is collected to support innovative mission and ministry throughout The Episcopal Church and Provinces of the Anglican Communion.

The Fall UTO offering will be held on Sunday, October 6, 2019. Envelopes will be provided in the church bulletin that day. Thank you for your generosity. The Spring UTO offering was \$52.00

The United Thank Offering Prayer

GRACIOUS GOD, source of all creation, all love, all true joy: accept, we pray, these outward signs of our profound and continuing thankfulness for all of life. Keep each of us ever thankful for all the blessings of joy and challenges that come our way. Bless those who will benefit from these gifts through the outreach of the United Thank Offering. This we ask through Him who is the greatest gift.



21st Annual Baber Appreciation Day **Sunday, September 8, 2019**

Nature & History Walking Tours – 3:00 p.m.

Basket Raffle – 3:00 p.m. – 5:30 p.m.

Third Brigade Band Concert – 4:00 p.m. – 5:45 p.m.

Bake Sale – 3:00 – 6:00 p.m.

Picnic Beginning – 4:30 p.m.

Solemn Evensong Service – 6:00 p.m.

Hot dogs, baked beans, chips, watermelon and water will be provided.



Trinity Episcopal Church Concert
200 S. Second St., Pottsville, PA
October 20, 2019
4:00 p.m.

Messiah College Faculty – Brass Quintet

The audience fell in love with this group when they first appeared and their schedule has finally allowed for them to return. These gentlemen not only engage the audience with their sense of humor and storytelling but impress with their great musicianship and ensemble playing.

No Admission Fee – Free will Offering taken

Handicapped Accessible

Reception following to meet the Artists.



Dear Members of North Parish,

On behalf on the Ashland Ministerium, I would like to thank you for your donation of \$92 to the Ashland Area Food Pantry. Because of giving hearts such as yours, many people in our area will be provided with much needed food.

Kristos Agape,
Pastor Dana Heckman-Beil
For the Ashland Ministerium

Dear Members of North Parish,

Thank You! Thank You! Your donation of \$92 is greatly appreciated. This donation will allow us to provide food orders for families who are having a hard time make ends meet. Your support is greatly appreciated. May God bless you and your family, as you have blessed others.

In His Service,
Bradley S. Harris
Envoy in Charge
The Salvation Army, Pottsville, PA

(These donations were made possible by your donations to the Good Friday offering and
thru the Food Bank offering)

Homemade Soup Sale



Saturday, October 26, 2019

10:00 a.m. – sellout

St. John's Episcopal Church of North Parish

13th & Market Streets

Ashland, PA

\$6.00/quart - \$3.00/pint

Take out only!

Parishioners are asked to make their favorite soup.

Please see a vestry member if you can help.

NEWS FROM MARION C. PRICE TRUST FUND

Medicare Open Enrollment will be October 15th – December 7th this year. Be aware that your benefits and premiums could change from one year to the next. So even if you are confident that you want to keep your current coverage for next year, it is important to make sure you understand any changes that may apply and that you've double checked to make sure that your current plan is still the best available option for you. The available plans and what they cover changes from one year to the next, so even if the plan you have now was the best option when you checked last year, it's important to verify that again before you lock yourself in for another year.

The coverage gap (donut hole) begins once you reach your Medicare Part D plan's initial coverage limit of \$4,020 and ends when you spend a total of \$6,350 out of pocket. Part D enrollees will receive a 75% discount on the total cost of their brand name drugs and a maximum of 25% co-pay on generic drugs purchased while in the donut hole. There is minimum cost sharing once in the catastrophic category.

Medicare Advantage plans can change the coverage options they offer from year to year, so it's important to stay up to date with your plan. Between January 1st and March 31st each year, if you are enrolled in a Medicare Advantage Plan, you can leave your plan and return to original Medicare and buy a Part D prescription plan to supplement your original Medicare. Only one switch during this time frame is permitted each year – you can change your mind multiple times during the enrollment period in the fall, but you can only switch to a different Medicare Advantage Plan (or back to Medicare) once in the first quarter of the new year.

If you enroll in Medicare on or after January, 2020 you will not be able to purchase a Medigap Plan C or F. If you are currently enrolled in Plan C or F Supplement Plans – you will be grandfathered in and should not see a change.

September is Healthy Aging Month, an annual observance designed to focus on the positive aspects of growing older. It is time to think about improving physical, mental, social and financial wellbeing.

To get you started on reinventing yourself, here are some ideas from the editors of Healthy Aging Magazine (www.healthyaging.net).

- Do not act your age, picture your best year and be it.
- Be positive in your conversations and your actions every day.
- Surround yourself with positive thinking, energetic, happy people of all ages.
- Walk like a vibrant, healthy person.
- Stand up straight.
- Practice good oral hygiene and remember to smile more often.
- Be around people: volunteer your time, take a class or invite someone out to lunch or coffee.
- Start walking, for your health and to greet the neighbors.
- Make this month the time to set up your annual physical and other health screenings.
- Learn something new or find your inner artist.

Operation We Care – We will be mailing out personal items and goodies to our local servicemen and women in November. Any personal or individual sized items are welcome. Thank you for all your contributions to this very worthwhile project now in its 13th year.

An Opioid Epidemic is in our nation and county. Opioids are a class of drugs that include Heroin, Fentanyl (which is 50-100 x's more potent than morphine), Vicodin, Oxycontin, Percocet, Demerol, Morphine and Codeine.

These drugs were marketed as non-addictive. As a result, doctors were prescribing them for chronic pain, as well as for acute pain related to injuries or dental procedures. Many people who took these drugs found themselves dependent on them. Others started using these drugs for recreational purposes or to self-medicate as a way to address additional uncomfortable emotions and problems.

Opioid addiction is characterized by a powerful, compulsive urge to use opioid drugs, even when they are no longer required medically.

Addiction is a disease that disrupts normal, healthy functioning of a vital organ - the brain. Opioids act on receptors to reduce the perception of pain, and can stimulate the brain's reward regions, creating a sense of euphoria and well-being. Because drug addiction changes the brain so drastically, it can also drastically change a person's personality. The addicted brain is hardwired to seek that intense pleasure it needs. Every action revolves around seeking that high. Nothing else will do or nothing else matters, not family, not jobs, nothing. The more a person uses drugs, the more dependent their brain becomes on them. As tolerance grows with those addicted, a person needs more pain pills to achieve the same effect.

An overdose is a medical emergency. It occurs when the opioids cause the heart to slow down, lowers blood pressure and slows breathing. Depressed breathing is the most dangerous side effect of opioid overdose. Lack of oxygen to the brain will not only result in permanent neurological damage, but may also be accompanied by the widespread failure of other organ systems, including the heart and kidneys. And death is a real possibility.

Narcan Nasal Spray counteracts the life-threatening effects of opioid overdoses. It begins to work almost immediately and temporarily reverses the effects until emergency medical assistance can arrive.

Sometimes you can't avoid it and opioids are prescribed. Make sure your doctor knows all the other medications you are taking, including: prescription, non-prescription, over the counter meds and supplements. Take note of how many pills you receive from the pharmacy and keep track of refills. Do not share your medication with anyone else. Keep all medicines in a safe place.

Dispose of expired or unused medicine at a safe drug disposal site. Most local police departments as well as the Schuylkill County Sheriff's Department participate and have permanent drug take back sites.

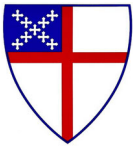
If you or someone you know is having trouble with drug addiction there is a Substance Abuse and Mental Health Service National Helpline 1-800-662-HELP (4357). This is a free, confidential, 24/7, 365 day-a-year treatment referral and information service for individuals and families facing mental and/or substance use disorders.

There are at least two addiction treatment providers in Schuylkill County: The Clinical Outcome Group in Pottsville (1-800-264-1290) and the Schuylkill Health Counseling Center in St. Clair (570-622-5898).

Kathy Burda

R.N./Parish Nurse - Admin. MPTF

Operation We Care mailing will take place in November. If you know of any local servicemen or women serving our country overseas please notify Kathy Burda to get them on the mailing list, so we can send them a little bit of home for the holidays.



NORTH PARISH EPISCOPAL CHURCH SERVICES

SEPTEMBER 2019

Sept. 1	Morning Prayer Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Robert Tiley Donald Clamser, Sr.
Sept. 8	Morning Prayer Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Bonnie Baker Susan Noble
Sept. 15	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. Dolores Smith The Rev. Dolores Smith
Sept. 22	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. Dr. Kurt Kovalovich The Rev. Dr. Kurt Kovalovich
Sept. 29	Morning Prayer Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Donald Clamser, Sr. Robert Tiley

OCTOBER 2019

Oct. 6	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. Dolores Smith The Rev. Dolores Smith
Oct. 13	Morning Prayer Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Susan Noble Bonnie Baker
Oct. 20	Morning Prayer Combined Service of North Parish followed by the Annual Meeting	9:00 a.m.	St. John's	Robert Tiley
Oct. 27	Morning Prayer Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Bonnie Baker Susan Noble

	Notes:	Color:
Sept. 1	The Twelfth Sunday after Pentecost	Green
Sept. 8	The Thirteenth Sunday after Pentecost	Green
Sept. 15	The Fourteenth Sunday after Pentecost	Green
Sept. 22	The Fifteenth Sunday after Pentecost	Green
Sept. 29	The Sixteenth Sunday after Pentecost	Green
Oct. 6	The Seventeenth Sunday after Pentecost	Green
Oct. 13	The Eighteenth Sunday after Pentecost	Green
Oct. 20	The Nineteenth Sunday after Pentecost	Green
Oct. 27	The Twentieth Sunday after Pentecost	Green