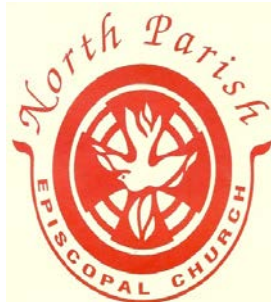


NORTH PARISH SEPTEMBER 2017 NEWSLETTER

**THRU THE HANDS OF GOD -
ONE HAND HELPING ANOTHER
(North Parish's Mission Statement)**



Visit our website!

We are excited to announce that the Bishop Search website has launched! Please visit it regularly and often for updates, information and progress as we search for the next Bishop.

bishopsearchdiobeth.org

If you have questions about the website, social media or the Search & Transition Committee please email bishopsearchdiobeth@gmail.com

The Bishop Box

The Diocesan Survey results are in! For the next few weeks, we will share the highlights.

What are your top three characteristics/activities for a bishop's pastoral leadership?

1. Vision leadership for the Diocese (61%)
2. Good pastor to clergy and laity (56%)
3. Servant Leadership/Humility (38%)

Check out the Bishop Search Committee's new website: <http://www.bishopsearchdiobeth.org/>

The Bishop Box

Highlights from the Diocesan Bishop's Search Committee Survey.

What are the three biggest challenges facing the Diocese of Bethlehem?

1. Long-term parish sustainability (70%)
2. Shrinking congregations (69%)
3. Parishes without full or part-time clergy (38%)

Check out the Bishop Search Committee's new website: <http://www.bishopsearchdiobeth.org/>

The Bishop Box

Highlights from the Diocesan Bishop's Search Committee Survey.

What are the top three biggest assets of the Diocese of Bethlehem?

1. Clergy (66%)
2. Laity (61%)
3. Family feel of the diocesan community (41%)

Check out the Bishop Search Committee's new website: <http://www.bishopsearchdiobeth.org/>

The Bishop Box

Highlights from the Diocesan Bishop's Search Committee Survey.

Our top three priorities should be:

1. Assistance to struggling congregations (56%)
2. Children and Youth (40%)
3. Evangelism and Stewardship (40%)

Check out the Bishop Search Committee's new website: <http://www.bishopsearchdiobeth.org/>

The Bishop Box

Highlights from the Diocesan Bishop's Search Committee Survey.

Who filled out the survey?

366 People: 219 Women 147 Men 307 Lay People 59 Clergy

Region of the diocese: 145 North 125 Middle 96 South

Top Ages: 34% 65-74 yrs 28% 55-64 yrs 16% 75+ yrs 12% 45-54 yrs

Check out the Bishop Search Committee's new website: <http://www.bishopsearchdiobeth.org/>



SEPTEMBER MEMORIALS



WINE AND WAFERS: In memory of Earl Hess and Lester Jones by Carol Jones.
In memory of Betty Noble by the Hynoski Family.

BULLETINS: In memory of Alice and Raymond Umlauf by Susan Noble and Family.
In memory of my mother, Dorothy Tiley Miller by Linda Gerlott.

SANCTUARY CANDLES: In memory of Rosemary and Edward Ulceski by the Ulceski Family.

NEWSLETTER: In memory of Daniel Jenkins Sr. by his wife Laura Goodman-Jenkins.



All articles for the October Newsletter should be submitted to our Parish Secretary, Shannon no later than Wednesday, September 6th. Volunteers are needed on Thursday, September 21st at 1:30 p.m. at Holy Apostles, St. Clair to help fold the newsletter.



Please call the church office if:

- your address or phone number changes
- if a loved one has been admitted to the hospital
- if you have a prayer concern
- if there is any way we can assist you

Church Office Phone: 570-429-7107

Church Office Address: North Parish, P.O. Box 487, Frackville, PA 17931

Church Office Email Address: nparish@ptd.net

Website: www.northparish.com

Church Office Hours: Wednesdays & Thursdays: 1:30-5:15 p.m.

Fridays: 1:30-4:30 p.m.

Senior Warden – Bonnie Baker – 570-429-2272



PLEASE PRAY FOR:

Mike
 Janice Bader
 Joseph Bass
 Richard Berger
 Gail Coddington
 Dwight Collier
 Alma Davis
 Bob Davis
 Alvin Foerster
 Julia Foerster
 Betty Greenback

Richard Griffin
 James Hood
 Jessica Hynoski
 Janis Idell
 Franklin James
 Dolores K.
 Doris Kauffman
 McKenzie Kline
 Nick Lane
 Landry Lauver
 Michael Lesher

Russell Lesher
 Steven Lesher
 Bernard & Diane Nace
 Mary Price
 Alfred D. Roberts, III
 Charlotte Smith
 James Spieles, Jr.
 John Sterner
 Judith Wright
 Peg Wylam

**PLEASE PRAY FOR ALL THOSE SERVING THE MILITARY HERE AND ABROAD
 Especially: Zach Raup.**

Please call the church office if you have a loved one who needs prayers and also anyone who is serving our military. All those listed on the prayer lists are prayed for during Sunday services.



SPECIAL INTENTION: Your prayers are asked for the family of Charles Wylam who entered eternal life on June 21, 2017. May God grant Charles eternal rest and give comfort to all who knew and loved him.



BAPTISM: We welcomed into the Episcopal Church through Holy Baptism on July 30, 2017 at Holy Apostles, Donald Charles Matthew Wylam Jr., son of Donald Charles Matthew Wylam Sr. and Danielle Lee Hesse. May God bless Donald Charles Matthew Wylam Jr. and his family now and forever.



THANK YOU to everyone who attended and brought goodies to the church pot luck picnic held July 16th. A special thank you to Mary Emma Dean and her husband Bob for hosting. Great fun, food and fellowship were enjoyed by those who attended.

THANK YOU to everyone who donated their time at the Schuylkill County Fair Strawberry and Peach Festivals. We are truly blessed to have such caring volunteers. Our profit from the Strawberry Festival was \$800 and our profit from the Peach Festival was \$663. These fundraisers help support our Outreach Budget.



VESTRY MEETING

Vestry will meet on Sunday, September 17th, 4:00 p.m. at St. John's, Ashland. All members are asked to be in attendance.



NORTH PARISH'S ANNUAL MEETING October 15, 2017

The annual meeting for North Parish will be held at St. John's, Ashland on Sunday, October 15th. The combined worship service will be at 9:00 a.m. followed by the meeting of all parishioners and a brunch. All members of North Parish are asked to be in attendance.



FOOD BANK MINISTRY

During the month of September we are collecting canned products; vegetables, fruit, tuna, chicken, juice, pasta (any non-perishable in a can). Thank you to everyone who donated products in July and August. If you are in need of food assistance, please call the church office at 570-429-7107 and we will direct you to a local food pantry.

2017 DIOCESAN ECW PROJECT

Kajo Keji, our partner diocese in South Sudan has taken refuge in nearby Uganda because of the ongoing civil war. Temporary schools are set up and supplies are urgently needed. To assure the schools function our diocesan goal is to raise \$35,000. This will purchase books and necessary supplies. If you would like to donate to this project, please make your checks payable to: North Parish and designate on your check memo line: 2017 Diocesan ECW Project - You can place your donations in the offering plate or mail them to the church office: We will then forward all donations to the Diocese. Thank you.



SEPTEMBER BIRTHDAYS



- 1 – Sarah Andrewcavage
- 2 – Mark Andrewcavage
- 5 – Ja’ Shon Dennell Yelito
- 8 – Amanda Foerster
- 10 – Brittany Evans
Scott Price
- 11 – Chester Shanoskie

- 13 – Barry Idell
- 14 – Elizabeth Andrewcavage
- 15 – Rev. James C. Smith
- 20 – Kayla Ann Tiley
- 24 – Donald Clamser, Jr.
- 27 – Nancy Long
- 30 – Edward Ulceski

If your birthday is listed incorrectly or it is not included on the birthday list, please notify the church office. Thank you.

JUNE 2017 FINANCIAL REPORT

North Parish Receipts

General Account

June	\$ 6,150.29
Year to Date Gen. Receipts	\$ 24,003.55
Transfer in from M&I (Current)	\$ -
Transfer M&I Year to Date	\$ -
Transfer in from Mem. Acct. (Current)	\$ -
Transfer Mem Acct. Year to Date	\$ -

M&I Account

June	\$ 1,361.96
Year to date	\$ 3,210.76

Memorial Account

June	\$.89
Year to date	\$ 30.36

Balances

General Account	\$ 5,915.40
M&I Account	\$ 47,464.14
Memorial Fund	\$ 10,826.38
Temp. Restricted Fund	

North Parish Disbursements

General Account

June	\$ 4,596.05
Year to Date Exp.	\$ 25,212.89

M&I Account

June	\$ -
Year to date	\$ 2.00

Memorial Account

June	\$ -
Year to date	\$ -



Please remember to make all checks payable to North Parish. Thank you!!



BLOCK PARTY
Saturday, September 9, 2017
12 noon – 5:00 p.m.
North Mill Street
St. Clair, PA
Sponsored by the Community of Caring Christians

Everyone is invited to attend this free event which is being sponsored by the Community of Caring Christians, consisting of six local churches (which we are part of). There will be free food and refreshments along with a free rummage table.

Volunteers are needed to help at the block party. If you can help, please contact our Senior Warden, Bonnie Baker at 570-429-2272.



Thank You!

Dear Brothers and Sisters in Christ,

THANK YOU! Your Good Friday donation of \$81 will be used to assist your hard working neighbor's right here in our community. Your continue support is greatly appreciated.

If you would like more information on how your donation is helping or if you wish to volunteer, please contact our office. We thank you for having lending a helping hand to your fellow man and for having God in your heart.

May God bless you and your family, as you have blessed others.

In His Service,
Envoy Bradley S. Harris
Commanding Officer
570-622-5252

NEWS FROM MARION C. PRICE TRUST FUND



Arthritis is very common but is not well understood. Actually, “Arthritis” is not a single disease; it is an informal way of referring to joint pain or disease. It’s the leading cause of disability in America. People of all ages, sexes and races can and do have arthritis.

Some types of arthritis run in families, so you may be more likely to develop arthritis if your parents or siblings have the disorder. People who have injured a joint, perhaps while playing a sport are more likely to eventually develop arthritis in that joint. Carrying excess pounds puts stress on joints, particularly your knees, hips and spine. Women are more likely to develop rheumatoid arthritis while men are more likely to have gout.

The risk of many types of arthritis-including osteoarthritis (degenerative), rheumatoid arthritis (RA) and gout increases with age.

The most common signs and symptoms of arthritis involve the joints. The symptoms can be constant or they may come and go. They can range from mild to severe. Depending on the type of arthritis you have, your signs and symptoms may include:

- one or more joints that are swollen or stiff
- joints that look red or feel warm to the touch
- tenderness
- trouble moving
- problems doing everyday tasks

Osteoarthritis causes cartilage (the cushions on the ends of bones) to wear away. Enough damage can result in bone grinding directly on bone, which causes pain and restricted movement. This wear and tear can occur over many years or it can be hastened by a joint injury or infection.

Osteoarthritis is a chronic disease. There is no cure, but treatments are available to manage symptoms. Long-term management of the disease will include several factors:

- managing symptoms, such as pain, stiffness and swelling
- improving joint mobility and flexibility
- maintaining a healthy weight
- getting enough exercise
- medications
- physical and/or occupational therapy
- assistive devices
- joint replacement surgery

In **Rheumatoid Arthritis**, the body’s immune system attacks the lining of the joint capsule, a tough membrane that encloses all the joint parts. This lining, known as the synovial

membrane, becomes inflamed and swollen. The disease can eventually destroy cartilage and bone within the joint.

RA affects joints on both sides of the body, such as both hands, both wrists or both knees. The warning signs of RA are: joint pain and swelling, stiffness, especially in the morning or after you sit for a long time, and fatigue. RA affects everyone differently. For some, joint symptoms develop gradually over several years, in others, it comes on quickly.

The ultimate goal is to stop it and achieve remission. This is accomplished by:

- stopping inflammation
- relieving symptoms
- preventing joint and organ damage
- improving physical function and over-all well being
- reducing long-term complications

Surgery for RA may never be needed, but it can be an important option for people with permanent damage that limits daily function, mobility and independence. Joint replacement surgery can relieve pain and restore function in joints badly damaged by RA.

Gout is another form of arthritis that can be very painful. Uric acid buildup in the body causes needle-like crystal deposits to form in your joints. A lot of people see the first symptoms of gout in their big toe, which can get swollen, red and warm. Foods that are high in a substance called purines can raise the uric acid in the blood. Purines are found in all foods that have protein such as organ meats, salmon, sardines and spinach. Other possible flare triggers are: beer and alcohol, some medications, dehydration, fructose sweetened beverages and medical stress. It can be treated with medication and self-management.

Pseudogout is a form of arthritis that causes pain, stiffness, tenderness, redness, warmth and swelling in some joints. It commonly affects the knee, or wrist. It results from the abnormal formation of calcium crystals in the cartilage, which is later followed by the release of crystals into the joint fluid. The cause is unknown.

The symptoms mimic those of osteoarthritis and RA. Symptoms are often relieved within 24 hours after treatment has begun; left untreated symptoms may last 5-12 days.

The type of treatment prescribed will depend on many factors but usually anti-inflammatory pain killers are prescribed as well as steroids and colchicine (a medication for gout).

Don't ignore joint pain. In some cases, it can cause damage that can't be reversed.

For more information go to: www.mayoclinic.org, www.arthritis.org or www.webmd.com

NORTH PARISH EPISCOPAL CHURCH SERVICES

September 2017

September 3	Holy Eucharist Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith Chester Shanoskie
September 10	Morning Prayer Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Robert Tiley The Rev. James C. Smith
September 17	Holy Eucharist Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith Chester Shanoskie
September 24	Morning Prayer Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Donald Clamser, Sr. The Rev. James C. Smith

	Notes:	Color:
September 3	The Thirteenth Sunday after Pentecost	Green
September 10	The Fourteenth Sunday after Pentecost	Green
September 17	The Fifteenth Sunday after Pentecost	Green
September 24	The Sixteenth Sunday after Pentecost	Green