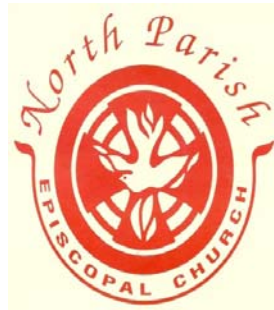


NORTH PARISH SEPTEMBER 2016 NEWSLETTER

**THRU THE HANDS OF GOD -
ONE HAND HELPING ANOTHER
(North Parish's Mission Statement)**



VESTRY MEETING HIGHLIGHTS

August 21, 2016

Combined meetings with Schuylkill County Vestries – North Parish along with all other Episcopal churches in Schuylkill County are placing a combined ad in a special circular about churches in Schuylkill County, which will be distributed in September by the Republican and Herald. Please watch for our ad!

Audit – The 2015 Audit was approved by the Vestry and mailed to the Diocese on July 28, 2016. Any church member who would like a copy of the report should call the church office at 570-429-7107.

Vestry Meetings – The time of the Vestry Meetings have been changed on a trial basis from 1:30 p.m. to 4:00 p.m. They will continue to be held on the 3rd Sunday of the month.

Property – Holy Apostles – Two bids have been received for replacement of the roofs. The vestry voted to award the bid to replace six roofs that are in desperate need of repair to Len Kozlosky, Jr. of Shenandoah. The cost to replace the roofs over the main church, parish hall and Sunday school/ office area is \$29,555. We will be using \$15,000 we have been accumulating to repair the organ at Holy Apostles, \$9,900 from the sale of Christ Church and \$10,000 from the Ida Bell Baker Diocesan Trust Fund. As you can see, this is a huge expense; if anyone would care to donate to defray some of the cost, please place your contribution in an envelope and put it in the collection plate. Be sure to write your name and weekly envelope number on the front of the envelope.

St. John's – Over \$3,000.00 worth of work needs to be done on the organ at St. John's. The repairs will be done this week. Money from the M&I Fund will be used to pay for this project. Ehrlich will be called to exterminate mice.

Peach Festival – Approximately \$800.00 profit has been realized from the Peach Festival at St. John's. Thank you to everyone who has helped with this fundraiser in any way.

Christmas Eve and New Year's Day Services – Services on Christmas Eve will be as follows: Holy Apostles 5:00 p.m. and Saint John's at 7:30 p.m. There will be no services on Christmas Day. There will be services on New Year's Day at the regular times.

Next regular meeting will be September 18, 2016, at 4:00 p.m. at Saint John's.



SEPTEMBER MEMORIALS

**WINE AND
WAFERS:**

In memory of Florence and Charles W. Weber by Wayne Weber.
In memory of Earl Hess and Lester Jones by Carol Jones.
In memory of Betty Noble by the Hynoski family.

BULLETINS:

In memory of Daniel Jenkins Sr. by his wife Laura Goodman Jenkins.
In memory of Rose Mary and Charles A. Weber by Wayne Weber.

**SANCTUARY
CANDLES:**

In memory of Rosemary and Edward Ulceski by the Ulceski family.
In memory of Dale and Harry S. Weber by Wayne Weber.

NEWSLETTER:

In memory of Daniel Jenkins Sr. by his wife Laura Goodman Jenkins.

NEWSLETTER DEADLINE

All articles for the October Newsletter should be submitted to our Parish Secretary, Shannon no later than September 7th. Volunteers are needed on Thursday, September 22nd at 1:30 p.m. at Holy Apostles, St. Clair to help fold the newsletter.



Please call the church office if:

- your address or phone number changes
- if a loved one has been admitted to the hospital
- if you have a prayer concern
- if there is any way we can assist you

Church Office Phone: 570-429-7107

Church Office Address: North Parish, P.O. Box 487, Frackville, PA 17931

Church Office Email Address: nparish@ptd.net

Church Office Hours: Wednesdays & Thursdays: 1:30-5:15 p.m.

Fridays: 1:30-4:30 p.m.

Senior Warden – Bonnie Baker – 570-429-2272

Website: www.northparish.com

Like us on Facebook:

<https://www.facebook.com/Northparisepiscopalchurch>



PLEASE PRAY FOR:

Susan Glick Connor
Mary Catherine Glick
Mary Faith Goodman
Richard Griffen
Florence Hollick
James Hood
Jessica Hynoski
Sue (Kaufman) Giannino

Dolores K.
Mckenzie Kline
Landry Stephen Lauver
Michael Leshner
Russell Leshner
Steven Leshner
Todd Leshner
Donna McGinley

Thelma Morgan
Ruby Powanda
Alfred D. Roberts, III
Charlotte Smith
Albert Snyder, Jr.
James Spieles, Jr.
Judith Wright

PLEASE PRAY FOR OUR TROOPS SERVING HERE AND ABROAD.

SEPTEMBER BIRTHDAYS

1 – Sarah Andrewcavage
2 – Mark Andrewcavage
5 – Ja' Shon Dennell Yelito
8 – Amanda Foerster
10 – Brittany Evans
Scott Price
11 – Chester Shanoskie

13 – Barry Idell
14 – Elizabeth Andrewcavage
15 – Rev. James C. Smith
20 – Kayla Ann Tiley
24 – Donald Clamser, Jr.
27 – Nancy Long
30 – Edward Ulceski

If your birthday is listed incorrectly or it is not included on the birthday list, please notify the church office. Thank you.



THANK YOU to everyone who helped with the
Peach Festival.

The profit was approximately \$800.00

JUNE 2016 FINANCIAL REPORT

North Parish Receipts

General Account

June-16	\$ 5,642.88
Year to Date Gen. Receipts	\$ 24,491.41
Transfer in from M&I (Current)	\$ 2,000.00
Transfer M&I Year to Date	\$ 6,295.00
Transfer in from Mem. Acct. (Current)	\$ -
Transfer Mem Acct. Year to Date	\$ 4,905.00

M&I Account

June-16	\$ 1,456.66
Year to date	\$ 3,368.13

Memorial Account

June-16	\$ 1.15
Year to date	\$ 8.85

Balances

General Account	\$ 4,755.82
M&I Account	\$ 57,592.45
Memorial Fund	\$ 13,989.79
Temp. Restricted Fund	

North Parish Disbursements

General Account

June-16	\$ 6,678.08
Year to Date Exp.	\$ 43,452.72

M&I Account

June-16	\$ 2,000.00
Year to date	\$ 6,411.92

Memorial Account

June-16	\$ -
Year to date	\$ 4,905.00

JULY 2016 FINANCIAL REPORT

North Parish Receipts

General Account

July-16	\$ 2,855.00
Year to Date Gen. Receipts	\$ 27,346.41
Transfer in from M&I (Current)	\$ 170.00
Transfer M&I Year to Date	\$ 6,465.00
Transfer in from Mem. Acct. (Current)	\$ -
Transfer Mem Acct. Year to Date	\$ 4,905.00

M&I Account

July-16	\$ 54.88
Year to date	\$ 3,423.01

Memorial Account

July-16	\$ 1.19
Year to date	\$ 10.04

Balances

General Account	\$ 3,503.85
M&I Account	\$ 57,477.33
Memorial Fund	\$ 13,990.98
Temp. Restricted Fund	

North Parish Disbursements

General Account

July-16	\$ 4,276.97
Year to Date Exp.	\$ 47,729.69

M&I Account

July-16	\$ 170.00
Year to date	\$ 6,581.92

Memorial Account

July-16	\$ -
Year to date	\$ 4,905.00

Food Drive



FOOD BANK MINISTRY

During the month of September we are collecting any and all canned foods! Please look and verify that any donated products have not expired. Thank you to everyone who donated products in August. If you are in need of food assistance, please call the church office at 570-429-7107 and we will direct you to a local food pantry



NORTH PARISH'S ANNUAL MEETING October 16, 2016

The annual meeting for North Parish will be held at Holy Apostles', St. Clair on Sunday, October 16th. The combined worship service will be at 10:00 a.m. (tentative) followed by the meeting of all parishioners and a luncheon. All members of North Parish are asked to be in attendance.

GOD KNOWS

When you are tired and discouraged from fruitless effort,
God knows how hard you have tried.

When you've cried so long your heart is in anguish,
God has counted your tears.

If you feel that your life is on hold and time has passed you by,
God is waiting for you.

When nothing makes sense and you are confused or frustrated,
God has the answer.

If suddenly your outlook is brighter and you find traces of hope,
God has whispered to you.

When things are going well and you have much to be thankful for,
God has blessed you.

When something joyful happens and you are filled with awe,
God has smiled on you.

Remember that wherever you are or whatever you are feeling,
God knows.

- Author Unknown -

NEWS FROM MARION C. PRICE TRUST FUND

Medicare Open Enrollment period is scheduled for October 15 – December 7, 2016. During this time period you can make changes to various aspects of your coverage. You can switch from Original Medicare to a Medicare Advantage Plan or vice versa. During this period it is important to review your Medicare Part D Plan (your drug plan). Drug plan co-pays, deductibles and formularies may change for the upcoming year. By reviewing your plan every year you will ensure that you have the best coverage. Even if you are confident that you want to keep your current coverage for the coming year, by double checking your plan you can be sure that your current health coverage reflects your current health needs.

Some Medicare changes that are occurring for 2017 are:

- Medicare recipients reaching the donut hole will benefit from better prescription drug discounts. For 2017, while in the donut hole, enrollees will pay 40% (45% in 2016) of the cost of brand name drugs & 51% (58% in 2016) of the cost of generic drugs.
- The Medicare Part D deductible will be \$400.
- Medicare Part B premiums will increase for those who didn't see an increase in 2016. For 2017, the expected monthly Medicare premium will be \$121.80.
- Medicare Advantage plans continue to see changes in health care coverage.

It is important to carefully review the information sent to you by your plan provider, since this will cover any possible changes. Please call Kathy Burda at 570-621-3220 to help with any questions you may have about your health care insurance.

Reverse Mortgage Scams. Scammers like to take advantage of the fact that many people above a certain age own their homes, a valuable asset that increase the potential dollar value of a certain scam.

A particularly elaborate property tax scam has seen fraudsters sending personalized letters to different properties apparently on behalf of the County Assessor's office. The letter, made to look official but displaying only public information, would identify the property's assessed value and offer the homeowner, for a fee of course, to arrange for a reassessment of the property's value and therefore the tax burden associated with it.

Closely related, the reverse mortgage scam has mushroomed in recent years. As opposed to official refinancing, however, schemes with unsecured reverse mortgages can lead to property owners to lose their homes when the perpetrators offer money or a free house somewhere else in exchange for the title of the property.

September is Healthy Aging Month. Here are a few things we can do to age healthier:
Diet – Eat a healthy well-balanced diet. Eat more fruit (2-3 servings per day), vegetables (2-3 cups per day), whole grains & low-fat dairy products. Reduce processed food and cut down on salt (sodium) in your diet.

Exercise – It has been proven that exercise helps combat many diseases and helps with mental health. Pick physical activities you enjoy and that match your abilities.

Physician visits – Regular checkups are important to help identify risk factors and problems before they become serious. Your doctor will help you manage any chronic disease you may have to maintain a health regimen designed especially for you.

Medications – Prescription medicines have become an essential part of modern medicine and add immeasurably to healthy aging. Be sure to tell your doctor at every visit any herbals or over the counter medicines you are taking to avoid any adverse interactions with your prescriptions.

Immunizations – Keep up to date with your immunizations. You should receive the flu shot annually; a tetanus, diphtheria, pertussis (TDP) booster every 10 years; the chickenpox vaccine if you have never had the chicken pox or the vaccine; the shingles vaccine is recommended for adults over 60 years of age and the pneumonia shot once every 5 years.

Social Engagement - Surround yourself with positive people. Staying socially active and maintaining interpersonal relationships can help you maintain good physical and emotional health and cognitive function. Interacting socially can lead to longer lives and help protect against illness by boosting your immune system.

Mental Calisthenics – When people keep their minds active, their thinking skills are less likely to decline. Read a book, keep a journal, solve puzzles, play board or card games, take a class, join a book club, anything to challenge your memory.

Strength, Balance & Stretching – Strength exercises makes your muscles stronger. Even small increases in strength can make a big difference in your ability to stay independent and carry out daily activities. Balance exercises help prevent falls. Flexibility exercises stretch your muscles and can help your body stay limber. Many of these exercises can be done while sitting. **Discuss with your physician before starting any exercise program.**

Emergencies – It is crucial that you be aware of symptoms that require emergency attention and call 911 when necessary.

PA Property Tax & Rent Rebate Program – Deadline for filing for the 2015 rebate has been extended to Dec. 31, 2016, call Kathy Burda for eligibility information.

NORTH PARISH EPISCOPAL CHURCH SERVICES

SEPTEMBER 2016

September 4 Holy Eucharist 9:00 a.m. St. John's The Rev. Timothy Albright
Holy Eucharist 11:00 a.m. Holy Apostles The Rev. Timothy Albright

September 11 Holy Eucharist 9:00 a.m. St. John's The Rev. Dolores Smith
Holy Eucharist 11:00 a.m. Holy Apostles The Rev. Dolores Smith

September 18 Holy Eucharist 9:00 a.m. St. John's The Rev. James C. Smith
Morning Prayer 11:00 a.m. Holy Apostles Chester Shanoskie, Jr.

September 25 Morning Prayer 9:00 a.m. St. John's Donald Clamser, Sr.
Holy Eucharist 11:00 a.m. Holy Apostles The Rev. James C. Smith

	Notes:	Color:
September 4	The Sixteenth Sunday after Pentecost	Green
September 11	The Seventeenth Sunday after Pentecost	Green
September 18	The Eighteenth Sunday after Pentecost	Green
September 25	The Nineteenth Sunday after Pentecost	Green