

THRU THE HANDS OF GOD. ONE HAND HELPING ANOTHER (North Parish's Mission Statemer



The Season of Stewardship Is Coming

Every fall we start to prepare a Stewardship Program to take place October thru November. In November everyone is asked to complete a pledge card.

In the past years the number of pledge cards received has been very low. Therefore, I would like to take this time to explain the importance of completing a pledge card on Stewardship Sunday.

As a Church we have to prepare a budget for the following year which is put together by the budget committee. The total numbers of pledged units that are received are recorded. A report is completed and sent to the Diocese showing the health of our congregation. The more pledged cards received, the more people being served, the more income received equals more support for Supply Clergy and more Eucharist worship services.

Now, I know that some families feel that placing a dollar amount on a pledge card would commit them to keeping that pledge. That would be great if all goes well and you keep your pledge up. But we know that sometimes things happen and it is a hardship to keep the pledge amount current.

If you make a pledge to pay let's say \$1,200.00 a year which is about \$25.00 dollars a week and something happens that you cannot keep that pledge current you can pray about what you can afford and notify the church treasurer that you would like to adjust the amount of your pledge. The treasurer will adjust the amount for you. If you are having a great year and that God is Blessing you and you would like to increase your pledge, the church treasurer will also be glad to take care of that request too.

The Vestry of North Parish works for you and appreciates your support.

North Parish Stewardship Committee Don Clamser Nick Lane



OCTOBER MEMORIALS

WINE AND In memory of the Smith family by Charlotte Smith.

WAFERS: In memory of Daniel Jenkins Sr. by his wife Laura Goodman Jenkins.

BULLETINS: In memory of Daniel Jenkins Sr. by his wife Laura Goodman Jenkins.

SANCTUARY In memory of Timothy Strunk by the Ulceski and Strunk families.

CANDLES: In memory of Betty Noble by the Hynoski family.

NEWSLETTER: In memory of Daniel Jenkins Sr. by his wife Laura Goodman Jenkins.

NEWSLETTER DEADLINE

All articles for the November Newsletter should be submitted to our Parish Secretary, Shannon no later than October 12^{th.} Volunteers are needed on Thursday, October 27th at 1:30 p.m. at Holy Apostles, St. Clair to help fold the newsletter.



Please call the church office if:

- your address or phone number changes
- if a loved one has been admitted to the hospital
- if you have a prayer concern
- if there is any way we can assist you

Church Office Phone: 570-429-7107

Church Office Address: North Parish, P.O. Box 487, Frackville, PA 17931

Church Office Email Address: nparish@ptd.net

Church Office Hours: Wednesdays & Thursdays: 1:30-5:15 p.m.

Fridays: 1:30-4:30 p.m.

Senior Warden – Bonnie Baker – 570-429-2272

Website: www.northparish.com

Like us on Facebook: https://www.facebook.com/Northparishepiscopalchurch



PLEASE PRAY FOR:

Fr. Bruce Baker
Susan Glick Connor
Holly Frantz
Mary Catherine Glick
Mary Faith Goodman
Richard Griffen
Florence Hollick
James Hood
Jessica Hynoski

Sue (Kaufman) Jiannino Dolores K. Mckenzie Kline Landry Stephen Lauver Michael Lesher Russell Lesher Steven Lesher Todd Lesher

Ruby Powanda
Mary Price
Alfred D. Roberts, III
Charlotte Smith
Albert Snyder, Jr.
James Spieles, Jr.
Judith Wright

PLEASE PRAY FOR OUR TROOPS SERVING HERE AND ABROAD.

Thelma Morgan



SPECIAL INTENTION: Your prayers are asked for William A. "Bill" Neary Jr. who entered eternal life on August 25, 2016. May God grant William eternal rest and give comfort to all who knew and loved him.

OCTOBER BIRTHDAYS

- 1 Adalynn Eckrode
- 4 Angela Bowers
- 5 Rev. Timothy Albright
- 7 Shannon Correll Jeffery Hoffman
- 9 Michelle Jacobs
- 11 Claudia Rae Larsen
- 17 Betty Haverty
 Carol Jones

- 17 McKenzie Kline
- 19 Linda Gerlott
- 20 Jacqueline Demcher
- 26 Ethan Correll Elaine Scheuren
- 28 John Menuchak, Jr. William Umbenhaur
- 29 Heidi Ann Higgins
- 31 Robert Jones, Jr.

If your birthday is listed incorrectly or it is not included on the birthday list, please notify the church office. Thank you.

AUGUST 2016 FINANCIAL REPORT

North Parish Receipts		North Parish Disbursements		
General Account		General Account		
August-16	\$ 4,085.63	August-16 \$ 3,673	3.04	
Year to Date Gen. Receipts	\$ 31,432.04	Year to Date Exp. \$51,402	2.73	
Transfer in from M&I (Current)	\$ 3,000.00			
Transfer M&I Year to Date	\$ 9,465.00			
Transfer in from Mem. Acct. (Current)	\$ -			
Transfer Mem Acct. Year to Date	\$ 4,905.00			
M&I Account		M&I Account		
August-16	\$ 9,960.82	August-16 \$ 3,000	0.00	
Year to date	\$ 13,383.83	Year to date \$ 9,583	1.92	
Memorial Account		Memorial Account		
August - 16	\$ 1.19	August-16 \$ -		
Year to date	\$ 11.23	Year to date \$ 4,909	5.00	
Balances				
General Account	\$ 6,916.44			
M&I Account	\$ 64,438.15			
Memorial Fund	\$ 13,997.17			
Temp. Restricted Fund				



FALL 2016 UTO Offering

The Fall UTO offering will be held on Sunday, October 30, 2016. Envelopes will be provided in the church bulletin that day. This is a special opportunity for Episcopalians to deepen their faith in God through prayer and thankful giving. Thank you for your generosity. The Spring UTO offering was \$85.00.

The United Thank Offering Prayer

GRACIOUS GOD, source of all creation, all love, all true joy: accept, we pray, these outward signs of our profound and continuing thankfulness for all of life. Keep each of us ever thankful for all the blessings of joy and challenges that come our way. Bless those who will benefit from these gifts through the outreach of the United Thank Offering. This we ask through Him who is the greatest gift

FOOD BANK MINISTRY



During the month of October we are collecting boxed food items. (cereal, instant potatoes, stove top, any non-perishable in a box). Please look and verify that any donated products have not expired. Thank you to everyone who donated products in September. If you are in need of food assistance, please call the church office at 570-429-7107 and we will direct you to a local food pantry.



NORTH PARISH'S ANNUAL MEETING October 16, 2016

The annual meeting for North Parish will be held at Holy Apostles', St. Clair on Sunday, October 16th. The combined worship service will be at 10:00 a.m. followed by the meeting of all parishioners and a luncheon. All members of North Parish are asked to be in attendance.

VESTRY MEETING HIGHLIGHTS September 18, 2016

Outreach for 2017– The following will guide our outreach for 2017: Marion Price Trust Fund -\$300; Ashland Library - \$150; Frackville Ministerium - \$100; St. Clair Area School District for coats for children - \$150. It was decided to take part in the Angel Tree at Christmas with the Salvation Army and Child Development, Inc. - \$400.

Acceptance – The Acceptance to the Diocese will be increased from \$1,200 to \$1,500 per year.

Property – Holy Apostles – Bob Tiley, Bill Noble and Bonnie Baker will meet with Len Kozlosky concerning the roof. St. John's – Arrangements will be made to have a company look at the chair lift at SJ's. The lift needs to be converted from a home lift to a commercial lift. Another option would be to purchase a new lift and trade in the current one.

Stewardship – Bulletin inserts will be used during the Stewardship campaign. A letter from the committee will be in the October newsletter.

Combined meetings with Schuylkill County Vestries – A combined vestry meeting will be held September 26th, 7:00 p.m. at Saint John's.

Next regular meeting will be October 16, 2016 following the Annual Meeting at Holy Apostles.

NEWS FROM MARION C. PRICE TRUST FUND

Hearing allows us to be conscious of what is going on around us, without actually paying attention to it. It is always working, day and night, to warn us of danger. Most importantly, hearing allows communication.

Hearing loss can be subdivided into two broad categories: conductive and sensorineural.

Conductive hearing loss is characterized by the inability to mechanically transmit sound vibrations from the environment to the inner ear.

Sensorineural hearing loss reduces the ability to hear faint sounds. Even when speech is loud enough to hear, it still may be unclear or sound muffled. Sensorineural hearing loss results from damage to the small sensory cells in the inner ear, called hair cells. Common causes are aging and exposure to loud noises.

People with sensorineural hearing loss cannot regain their hearing, but most people find hearing aids helpful. The hearing aid magnifies sound vibrations entering the ear. These larger vibrations are converted into neural signals that are passed to the brain.

Age related hearing loss is a progressive, symmetric loss of high-frequency hearing over many years. Hearing loss can also be accompanied by tinnitus (ringing in the ears), vertigo (dizziness) and problems with your equilibrium leading to falls. It is important to see your doctor if you have dizziness or balance issues.

Age-related hearing loss most often occurs in both ears. The typical course is slow, persistent decline in hearing, beginning in the high-frequency range (smoke detectors, phones, microwaves and doorbells) which can be dangerous. Because the loss is gradual, you may not realize that you have lost some of your ability to hear. It is the high frequencies that carry the consonant sounds and therefore the majority of speech information. These consonant sounds tend to be not only high pitched but also soft which makes them particularly difficult for patients with age related hearing loss to hear.

Left unrecognized, hearing loss in older adults can lead to progressive social withdrawal, depression, isolation and significant family stress. It can also have a negative impact on patient-doctor interactions. The impact of hearing loss can be further compounded by the higher incidence of hearing loss in individuals with other coexisting functional limitations.

It can be frustrating to see a family member lose their hearing and do nothing about it. Older adults who don't hear well may give others the impression that they are not as sharp. They become depressed or anxious. When you learn more about hearing loss, you can reduce your anxiety and hopefully start to feel better.

If you or someone you know is hearing impaired, here are some techniques to help them:

- Turn down background noise, like the TV or dishwasher
- Call or say their name before talking
- Speak slowly and clearly. Raising your voice can distort the sound of your words
- Face the person when you speak so they can see your mouth and gestures
- Try to talk in areas that are well lit, quiet and calm
- Put important details, like a date or time in writing

There are a number of devices that can help if you experience hearing loss. Here are the most common ones:

Hearing aids can improve hearing function for most cases of age-related hearing loss. The use of appropriately fit hearing aids can eliminate the withdrawal, depression and emotional impact that are commonly associated with age-related hearing loss and can lead to improvement in quality of life.

Closed captioning for television viewing can significantly improve comprehension when watching TV.

You may be eligible for free or reduced cost telecommunication equipment such as phones with captioned telephone services. Pennsylvania's telecommunication device distribution program or (TDDP) provides special equipment, free to eligible Pennsylvania citizens who have disabilities which impede them from having independent access to telephone services.

Alerting devices can connect to a doorbell, phone or alarm and give off blinking light or loud sound to get your attention.

How can you tell if I have a hearing problem? Ask yourself the following questions. If you answer 'yes' to three or more questions, you could have a hearing problem and may need to have your hearing checked.

- Do you sometimes feel embarrassed when you meet new people because you struggle to hear?
- Do you feel frustrated when talking to members of your family because you have difficulty hearing them?
- Do you have difficulty hearing or understanding co-workers, clients or customers?
- Do you feel restricted or limited by a hearing problem?
- Do you have difficulty hearing when visiting friends, relatives or neighbors?
- Do you have trouble hearing in the movies or in the theater?
- Does a hearing problem cause you to argue with family members?
- Do you have trouble hearing the TV or radio at levels that are loud enough for others?
- Do you feel that any difficulty with your hearing limits your personal or social life?
- Do you have trouble hearing family or friends when you are together in a restaurant?

NORTH PARISH EPISCOPAL CHURCH SERVICES
OCTOBER 2016

OCTOBER 2016							
October	Holy Eucharist	9:00 a.m.	St. John's	The Rev. Timothy Albright			
2	Holy Eucharist	11:00 a.m.	Holy Apostles	The Rev. Timothy Albright			
October	Holy Eucharist	9:00 a.m.	St. John's	The Rev. Dolores Smith			
9	Holy Eucharist	11:00 a.m.	Holy Apostles	The Rev. Dolores Smith			
October	Holy Eucharist	10:00 a.m.	Holy Apostles	The Rev. James C. Smith			
16	Combined service	of North Paris	sh followed by tl	he annual meeting.			
October	Holy Eucharist	9:00 a.m.	St. John's	The Rev. James C. Smith			
23	Morning Prayer	11:00 a.m.	Holy Apostles	Chester Shanoskie			
October	Morning Prayer	9:00 a.m.	St. John's	Robert Tiley			
30	Holy Eucharist	11:00 a.m.	Holy Apostles	The Rev. James C. Smith			
	Notes:			Color:			
October 2	The Twenti	eth Sunday af	ter Pentecost	Green			
October 9	The Twenty	y-first Sunday	after Pentecost	Green			
October 16	October 16 The Twenty-second Sunday after Pentecost Green						
October 23 The Twenty-third Sunday after Pentecost Green							
October 30 The Twenty-fourth Sunday after Pentecost Green							

CHILDREN'S DRAWING CLASSES

by Susan Noble

(Artist & Preschool Teacher)

Each Session Includes 4 Classes

Tuesday Session: October 4th-25th

Ages 5-8: 5:30-6:30p.m. Ages 9-12: 6:45-7:45p.m.

St.John's Episcopal Church 13th and Market Streets Ashland

Thursday Session: October 6th-27th

Ages 5-8: 5:30-6:30p.m. Ages 9-12: 6:45-7:45p.m.

Holy Apostles Episcopal Church Nicholas and Hancock Streets St. Clair

To enroll please call: 570-400-1925

or email: sunoble@ptd.net