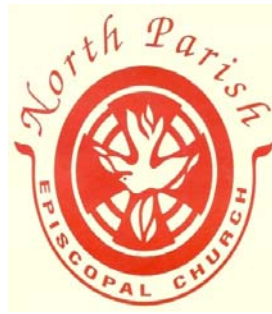


**NORTH PARISH
NOVEMBER 2015
NEWSLETTER**

**THRU THE HANDS OF GOD -
ONE HAND HELPING ANOTHER
(North Parish's Mission Statement)**



Dear Members of North Parish,

Often, we have a hard time overcoming the belief that we have earned everything we have. We hope the reflections offered during our *God the Giver* pledge drive have touched you. It's been helpful to be reminded that God is the ultimate giver.

On Sunday, November 8th, during our worship service, all of us will be invited to bring our pledge cards forward. We look forward to bringing our pledge card forward during the Offertory, knowing that it reflects a faithful response to a loving and generous God, whose grace we experience in the midst of this community.

Thank you for your generosity and faithfulness in taking the next step in discipleship. We are grateful to continue our exploration of God's generosity with you.

Thank you for your continued financial support to North Parish!

2015

Pledge Cards Returned:	18
Amount Pledged:	\$23,955.00
Received as of 9/30/15	\$25,785.50

2014

Pledge Cards Returned:	20
Amount Pledged:	\$22,204.00
Actual Amount Received:	\$40,319.00

2013

Pledge Cards Returned:	14
Amount Pledged:	\$17,064.00
Actual Amount Received:	\$41,782.29

Our Proposed 2016 Budget totals: \$78,792.00



NOVEMBER MEMORIALS



WINE & WAFERS: In loving memory of Alice Umlauf by Lee, Mary and Peter Umlauf.
In loving memory of my friend Frank Baldino who was killed in action
November 14, 1968 and are given by Carol Jones.

BULLETINS: In loving memory of Alice Umlauf by Susan, Jason and Abbey Noble and
Holly Jazwinski.

**SANCTUARY
CANDLES:** In loving memory of Irene and Stephen J. Rasimowicz Sr. and
Stephen Rasimowicz, Jr., by Janis and Barry Idell.

NEWSLETTER DEADLINE

All articles for the December Newsletter should be submitted to our Parish Secretary, Shannon no later than November 4th. Volunteers are needed on Wednesday, November 18th at 1:30 p.m. at Holy Apostles, St. Clair to help fold the newsletter.



Please call the church office if:

- your address or phone number changes
- if a loved one has been admitted to the hospital
- if you have a prayer concern
- if there is any way we can assist you

Church Office Phone: 570-429-7107

Church Office Address: North Parish, P.O. Box 487, Frackville, PA 17931

Church Office Email Address: nparish@ptd.net

Church Office Hours: Wednesdays & Thursdays: 1:30-5:15 p.m.

Fridays: 1:30-4:30 p.m.

Clergy – The Reverend James C. Smith

Senior Warden – Bonnie Baker – 570-429-2272

Website: www.northparish.com

Like us on Facebook: <https://www.facebook.com/Northparishepiscopalchurch>

Please note: No items shall be removed from Christ Church worship areas and the undercroft without the permission of the Vestry.



PLEASE PRAY FOR:

Alice, Matthew, Deb Andrews, Pat Brophy, Virginia M. Bushyager, Suzanne Glick Connor, Ellie Dando, Spencer Dougherty, Louanne Drumheiser, Mary Engelbrecht, Kay Fertig, Sherese Gavenport, David Gerlott, Mary Faith Goodman, Mary Catherine Glick, Howard Hauk, John Hauk, Anna Hesse, Florence Hollick, Ellen Holowaty, Jess Hynoski, Joanne, Daniel Jenkins Sr., Jackie Jones-Allison, Kay, Tamme Kehres, Paulette Kelley, Gerry Ketterer, Kristin Lecher, June, Steven & Russell Leshar, Mabel, Walter Machos, Donna McGinley, William Moore, Thelma Morgan, Shirley Moyer, Amanda Mozdy, Jason Noble, Anthony Novitksy, Stacey Orth, Suzette Pogash, Ruby Powanda, Theresa Price, Rafael Ramos, Linda Regal, Kevin Rhein, Theresa Robbins, Mckenzie Rose, Gerry Salata, Marg Scheuren, Connie Schrader, Kyle & Karl Schu, Martha Semar, Brittany Shoffler, Charlotte Smith, Lois Smith, Jim Spieles Jr., Don Watters, Charles J. Wylam

PLEASE PRAY FOR OUR TROOPS SERVING HERE AND ABROAD.

PRAYER LIST POLICY: To request a person to be placed on the prayer list, please call the church office (570-429-7107) with the person's full name; also the person who is making the request must leave their name and phone number. There will be no time limit to how long a person can stay on the prayer list, however, please call the office when your prayer request has been met so the list will stay updated. Thank you.

BIRTHDAY & ANNIVERSARY BLESSINGS: You may have noticed that during Sunday services our priest has designated a spot in the service for birthday and anniversary blessings. If you would like a birthday or anniversary blessing, please let our priest know during the announcements that it is your special day.

NOVEMBER BIRTHDAYS

1 – Bonnie Hynoski
Denise Ulceski
4- Nicole Scanlan
6 – Sam Correll
Ryder Chase Bowers
8 – Carole James
10 – Lilly Meade
17 – Aubrey Scanlan
18 – Albert Snyder, Sr.
19 – Albert Leibig, Jr.
21 – Ryan Lindenmuth

22 – Nicholas Price
24 – Neal R. Miller
Mary Umlauf
26 – Charlotte Smith
27 – Theresa Price
28 – John Robert Menuchak
Christie Joy Donatti
30 – Monique Snyder
Patricia Snyder
Frances Clamser



If you would like your name added to the birthday list or if your birthday is listed incorrectly please call the church office at 570-429-7107.



CHRISTMAS FLOWERS/MEMORIAL DONATION FORM:

Please fill out the form and place it in an envelope with your donation and place it in the collection or mail it to the church office: North Parish, P.O. Box 487, Frackville, PA 17931

PLEASE NOTE: MEMBERS OF HOLY APOSTLES

Please give your donations to Bonnie Baker.
Checks should be made payable to Good Shepherd's Guild

MEMBERS OF ST JOHN'S

Please give your donations to Elaine Ulceski
Checks should be payable to St. John's ECW

Name of Donor(s): _____

Church: _____

In Loving Memory of: _____

In Loving Memory of: _____

In Loving Memory of: _____

Amount Enclosed: _____

PLEASE RETURN BY December 6, 2015.

All memorials will be published in the January Newsletter.

Please be mindful of the deadline date.



FOOD BANK MINISTRY



During the months of November and December we will be collecting boxed potatoes, boxed stuffing, canned yams, canned vegetables, canned cranberry sauce and anything else non-perishable that could be used to enjoy the holiday meals! Thank you to everyone who donated products in October. If you are in need of food assistance, please call the church office at 570-429-7107 and we will direct you to a local food pantry.

DON'T BE ALONE THIS THANKSGIVING



You are invited to:
Thanksgiving Day Dinner
November 26, 2015



Holy Apostles' Episcopal Parish Hall
307 E. Hancock St.
St. Clair, PA

Please RSVP by November 19th

Call Bonnie Baker at (570) 429-2272
Church Office at (570) 429-7107

Eat In – Take Out – Delivery available
Delivery beginning 11:00 A.M.
Take Outs – 12noon
Eat –In – 1:00 p.m.

Volunteers are needed to cook, run deliveries and serve meals. **WE WILL NEED A LOT OF VOLUNTEERS ON WEDNESDAY, THE DAY BEFORE THANKSGIVING** beginning at 9:00 a.m. and into the evening hours as well and also Thanksgiving Day.

We also need donations of: turkeys, potatoes, green beans, corn, cranberries, bread for filling, celery, onions, milk, eggs, and pumpkin pies. Monetary donations will also be accepted to help with the dinner. Please make checks out to: Good Shepherd's Guild. If you can donate any of these items or help with preparations, please, contact Bonnie Baker at (570) 429-2272 by November 19th so we can plan accordingly.

Chicken Dinner
Sunday, December 6, 2015
4:00 p.m. – 6:00 p.m.
Holy Apostles Church
307 E. Hancock Street, St. Clair
Tickets - \$8.00
For tickets see Bonnie Baker



Come enjoy ½ breast of chicken, baked potato, green beans, roll and beverage.
Donations of desserts are needed.
Proceeds benefit our general operating expenses



2016 EPISCOPAL KALENDAR



The 2016 church calendars have been ordered.
Please call the church office at (570) 429-7107
if you would like to
purchase one.
Calendar donations are \$3.00 each.



Please Note: Daylight Saving Time ends on November 1st.
Don't forget to set your clock back one hour before you go to
bed on Saturday night.



Pledge Commitment for Year 2016

Name _____

Address _____

Phone _____ Email _____

Accept this pledge as a symbol of my/our commitment to follow Jesus through the intentional practice of giving.
I/We offer this pledge in gratitude for all the ways this community supports me/us in following the Way of Jesus.
In faith and prayer my/our commitment is \$_____ to be given () weekly () monthly () quarterly () annually

to _____

Please bring to church on November 8th or mail to the church office:
North Parish, P.O. Box 487, Frackville, PA 17931

VESTRY HIGHLIGHTS – September 27, 2015



- Thanksgiving Day Dinner will be held on November 26th at Holy Apostles. Help will be needed the day before at 9 a.m. and on Thanksgiving Day. All donations will be accepted.
- Bonnie Baker was elected Senior Warden. Bob Tiley will remain Junior Warden. Lois Hewes was elected Clerk of Vestry. Four members of Holy Apostles will be leaving the vestry.
- Christmas Eve Services will be as follows: Holy Apostles, 5:30 p.m.; St. John's, 7:30 p.m. Fr. James Smith will do both services.
- Fr. James Smith informed Vestry that the first Sunday after Christmas, December 27th would be his last service as North Parish's regular supply priest. He will be available to help with funerals and baptisms. He will also be available to help with Holy Week, beginning with Palm Sunday.
- Pioneer Day Profit - \$342. Peach Festival Profit - \$770.

VESTRY HIGHLIGHTS – October 18, 2015

- Two offers have been made on the sale of Christ Church, Frackville. Both offers were discussed. Nick Lane will notify both parties of the Vestry's decision. More information will be released upon the sale of the church.
- Thanksgiving Meal will be held on Thanksgiving Day. Sign-up sheets will be in the back of each church. Contact Bonnie Baker at 570-429-2272 if you wish to help or donate.
- Forms were distributed to all vestry members for required background checks. Vestry members need to complete the forms on line themselves or return the forms to Shannon to be completed on line. This must be completed before December 31, 2015.
- A motion was made to change the by-laws to reduce the number of vestry members from a minimum of eleven to a maximum of fifteen to eleven members. This motion will be read at two more vestry meetings.
- A change will be made to the prayer list. The list will remain the same until the end of December. Names that should remain on the list should be submitted to Shannon prior to December 31st; otherwise, the name will be removed from the list. The name will remain on the list until the end of June unless Shannon is informed to keep the name on the list prior to June 30th. A notice of this change will be in the newsletter along with a form for people to complete and send to Shannon.
- There will be one service on December 27th. This will be Fr. Jim's last Sunday as our regular supply priest. A luncheon will follow. Location will be announced.
- The Disaster Relief Plan needs to be completed and will be discussed at the 2-3 year Plan Meeting at Holy Apostles at 5:30 p.m. October 26th.
- A Chicken Dinner will be held December 6th from 4:00 p.m. to 6:00 p.m. at Holy Apostles Church. The cost will be \$8.00. ½ chicken breast, baked potato, green beans, roll and butter, desert and beverage will be served. Tickets will be available. Members of the church are asked to sell tickets. Baked goods will be needed for desert.
- A landscaping business has been approved to cut the grass at St. John's next year.
- Lisa Parnell has been approved to clean Holy Apostles.

Please note: September's financial report will be available next newsletter

NEWS FROM MARION C. PRICE TRUST FUND

Buying a Hearing Aid: The Hearing Aid Sales Registration Law provides consumers purchasing a hearing aid in Pennsylvania with various rights and protections.

All hearing aid dealers and fitters must be registered with the Pennsylvania Department of Health and the registration certificate must be conspicuously posted in their office or place of business.

During the initial contact, hearing aid dealers and fitters must advise you that any fitting, examination or representation made by them regarding the hearing aid is not an examination, diagnosis or prescription by a person licensed to practice medicine and, therefore, must not be regarded as a medical opinion. You should receive this in writing.

During the six months prior to purchasing a hearing aid, you must have received an examination by an otologist, otolaryngologist or any licensed physician and a written recommendation stating that the use of a hearing aid may be beneficial. However, this rule does not apply to replacement parts, accessories, or a worn out or damaged hearing aid.

When certain medical conditions regarding your ears are found to exist, the dealer or fitter must suggest to you in writing that it is in your best interest to consult a licensed physician specializing in disease of the ear. They then may not sell you or fit you for a hearing aid without a written recommendation from a licensed physician that a hearing aid may be beneficial to you.

Before the dealer or fitter can provide any services to you, he or she must give you a disclosure agreement that must be explained to you in detail and be signed by you and the dealer or fitter. This disclosure agreement must contain a complete description of what the fitting procedure or process does and does not include and must itemize and disclose any and all fees.

Before the sale of any hearing aid to you, the dealer or fitter must give you a copy of the User Instructional Brochure for their hearing aid and reviews the contents with you.

At the time of the sale, the dealer or fitter must give you a written receipt signed by the dealer or fitter which contains important information regarding the hearing aid and the dealer or fitter. This receipt must also advise you that if your rights are violated, you may contact the Attorney General's Bureau of Consumer Protection or the Pennsylvania Department of Health.

The sale of the hearing aid must be accompanied by a 30-day money-back written guarantee. This guarantee must allow you to return the hearing aid

within 30 days of the date of delivery in the same condition as when purchased, ordinary wear and tear excluded. You will be entitled to a refund of the purchase price of the hearing aid and accessories within 30 days of their return. However, a dealer may retain a cancellation fee which may not exceed the lesser of 10% of the purchase price or \$150.

From the PA Office of Attorney General Consumer protection Rights & resources for Consumers of All Ages.

Senior Adventures: Please join us for our last adventure in 2015 on Thursday, November 12th when we travel to the Lyric in Shenandoah. Call Kathy Burda at 570-621-3220 for more information.

Operation we Care: November 17th will be our last mailing for Operation We Care. Since we started this project in 2007, we have mailed lightly under 400 boxes, weighing about 4300 pounds to about 180 local servicemen and women stationed in Iraq & Afghanistan. I would like to thank the members of the Health Service Committee: Karen Spencer, Darlene Bowler, Carol Jones, Mary Umlauf, Gary Price, Carol Bigg and Margaret Keyworth, our packers and everyone who donated to help make this project a success.

Medicare Open Enrollment: October 15 – December 7, 2015 is open enrollment period. It is recommended that no matter how satisfied you are with your current Medicare Part D drug plan that you review it annually to be sure it is still the best plan for you because, plans can change the deductible amounts, the co-pays, the formularies and the coverage areas.

Pre – Diabetes: Before people develop type 2 diabetes, they almost always have “pre-diabetes”: blood glucose levels that are higher than normal but not yet high enough to be diagnosed as diabetes.

There are no clear symptoms of pre diabetes (urinating often, feeling very thirsty, feeling very hungry, extreme fatigue, blurry vision, cuts/bruises that are slow to heal and weight loss) so you may have it and not know it. If you have pre-diabetes, you should be checked for type 2 diabetes every one to two years.

You are pre-diabetic if you have an A1C of 5.7%-6.4% or a fasting blood sugar of 100-125.

You will not develop type 2 diabetes automatically if you have diabetes. For some people with pre-diabetes, early treatment can actually return blood glucose levels to the normal range. Research shows that you can lower your risk for type 2 diabetes by losing 10-15 pounds of your body weight and exercising moderately 30 minutes a day, five days a week.

NORTH PARISH EPISCOPAL CHURCH SERVICES

November 2015

November 1	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith The Rev. James C. Smith
November 8	Holy Eucharist Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith Robert Tiley
November 15	Morning Prayer Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Donald Clamser, Sr. The Rev. James C. Smith
November 22	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith The Rev. James C. Smith
November 29	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith The Rev. James C. Smith

	Notes:	Color:
November 1	All Saints' Day	White
November 8	The Twenty-fourth Sunday after Pentecost	Green
November 15	The Twenty-fifth Sunday after Pentecost	Green
November 22	The Last Sunday after Pentecost (Christ the King)	White
November 29	The First Sunday of Advent	Purple