

**NORTH PARISH  
JANUARY 2015  
NEWSLETTER**

**THRU THE HANDS OF GOD -  
ONE HAND HELPING ANOTHER  
(North Parish's Mission Statement)**



## **Sharing Thoughts from the Senior Warden**

**We are into a new year! Happy New Year everyone!**

2015 brings us new hope and a new vision for this year. We need to renew our focus on our Lord and Savior! To renew our Christian values and concentrate on what is important to our spiritual well-being.

Speaking of well-being.....I would like to discuss the well-being of North Parish. I need everyone's help with ideas on how to attract new individuals and families to our parish during this New Year.

As I have said in the past, the future of North Parish is with the young families. They are out there! They are in our neighborhoods and workplaces!

Growing up, I was attending churches with huge congregations. Due to the immense size of those congregations, their parishioners became "lost in the crowd" and many times treated impersonally.

What North Parish offers is unique.....that small-town, small-congregational appeal! This is what drew my wife and I to North Parish. The friendliness and the genuine feeling that the members really care and the services are focused on each person and their spiritual growth.

In 2015, we have an opportunity to celebrate renewal at North Parish by partnering with each other. Each of us have unique qualities and experiences "to bring to the table" to share as we "team-up" to bring North Parish back to the thriving parish of yesteryear!

I am looking forward to "teaming up" with my North Parish family. Be excited! Stay excited!

God bless you and your families.

*Barry Idell*

Senior Warden



# JANUARY MEMORIALS



**SANCTUARY CANDLES:** In loving memory of Irene and Stephen J. Rasimowicz Sr. by Janis and Barry Idell.

**IT IS NOW TIME TO RENEW YOUR MEMORIALS FOR 2015.** If you are interested in memorials please contact the church office by phone (570-429-7107) or by sending a note to the church secretary:

Shannon Mozdy, North Parish, P.O. Box 487, Frackville, PA 17931

OR you can give your memorials to your church treasurer:  
Holy Apostles – Bonnie Baker  
St. John's – Elaine Ulceski

The donations for memorials are as follows:

Sanctuary Candles - \$5.00

Bulletins - \$10.00

Wine and Wafers - \$10.00

Newsletters - \$10.00

## NEWSLETTER DEADLINE

All articles for the February Newsletter should be submitted to our Parish Secretary, Shannon no later than January 7<sup>th</sup>. Volunteers are needed on Wednesday, January 21<sup>st</sup> at 1:30 p.m. at Holy Apostles, St. Clair to help fold the newsletter.

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**Please call the church office if:**

- your address changes
- if a loved one has been admitted to the hospital
- if you have a prayer concern
- if there is any way we can assist you

Church Office Phone: 570-429-7107

Church Office Address: North Parish, P.O. Box 487, Frackville, PA 17931

Church Office Email Address: [nparish@ptd.net](mailto:nparish@ptd.net)

Church Office Hours: Wednesdays & Thursdays: 1:30-5:15 p.m.

Fridays: 1:30-4:30 p.m.

Website: [www.northparish.com](http://www.northparish.com)

Clergy – The Reverend James C. Smith

Senior Warden – Barry Idell – (570) 385-7978; cell – (732) 690-5862

Like us on Facebook: <https://www.facebook.com/Northparisepiscopalchurch>

**Please note:** No items shall be removed from Christ Church worship areas and the undercroft without the permission of the Vestry.



# PLEASE PRAY FOR:

Christopher Albright, Roy Amour, Deb Andrews, Joe Brennan, Virginia M. Bushyager, Suzanne Glick Connor, Alma Davis, Spencer Dougherty, Fawn Eishenhardt, Kay Fertig, Matthew Foerster, Pat Frantz, Sherese Gavenport, David Gerlott, Mary Faith Goodman, Bill Goodrich, Mary Catherine Glick, Howard Hauk, John Hauk, Pat Hefner, Helen Hynoski, Joanne, Daniel Jenkins Sr., Jackie Jones-Allison, Lori Kahler, Tamme Kehres, Laura Kennedy, Kristin Lecher, June, Steven & Russell Leshner, Mabel, Walter Machos, Tania Miller, William Moore, Thelma Morgan, Mary Moyer, Ray Moyer, Shirley Moyer, Jason Noble, Suzette Pogash, Mary Price, Theresa Price, Rafael Ramos, Stephen Rasimowicz, Jr., Linda Regal, Jessica Rhein, Kevin Rhein, Theresa Robbins, Mckenzie Rose, Gerry Salata, Connie Schrader, Kyle & Karl Schu, Martha Semar, Kevin & Judee Serrentino, Charlotte Smith, Jim Spieles Jr., Ray Umlauf, and Charles J. Wylam

PLEASE PRAY FOR OUR TROOPS SERVING HERE AND ABROAD.

**PRAYER LIST POLICY:** To request a person to be placed on the prayer list, please call the church office (570-429-7107) with the person's full name; also the person who is making the request must leave their name and phone number. There will be no time limit to how long a person can stay on the prayer list, however, please call the office when your prayer request has been met so the list will stay updated. Thank you.

**BIRTHDAY & ANNIVERSARY BLESSINGS:** You may have noticed that during Sunday services our priest has designated a spot in the service for birthday and anniversary blessings. If you would like a birthday or anniversary blessing, please let our priest know during the announcements that it is your special day.



**BAPTISMS:** We welcomed into the Episcopal Church on December 14 2014, through Holy Baptism at Holy Apostles, Denise Ann Yelito, daughter of Kurt Striny and Cathy George and we also welcomed through Holy Baptism, Ja'Shon Dennell Yelito, son of Jason and Denise Yelito. May God bless Denise and Ja'Shon Denell and their family now and forever.

## JANUARY BIRTHDAYS

4 – Karl Schu  
Jessica Hynoski  
7 – William Noble  
9 – Bruce Goodman  
11 – Heike Elizabeth Goodman  
Shelley Price  
Boyd Shaqfeh  
Ava Correll  
12 – Warren Lane  
Kelsey Shanoskie  
Marina Shanoskie  
Donald Clamser, Sr.  
13 – Cade Bleashka

13 Verna Bosak  
Marsha Dudash  
15 – Cora Lynn Ortiz  
17 – John Dresch  
19 – Tracie Miller  
21 – Steven Leshner  
Elaine Ulceski  
22 – Robert J. Higgins  
Lexie Scanlan  
23 – Meghan McGlone  
25 – Logan Lombel  
29 – Kenneth Brennan Jr.





# 2015 EPISCOPAL CALENDAR

The 2015 church calendars have arrived. Please call the church office at (570) 429-7107 to order your calendar. Calendar donations are \$3.00 each.



## ORGAN REPAIR FUND



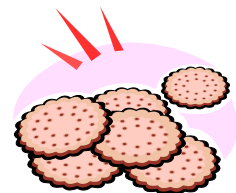
St. John's and Holy Apostles Churches each have very old antique, pipe organs. If anything major were to render these beautiful organs inoperative we would not have the finances to replace them. To maintain them in working order the replacement parts and specialized labor is very expensive. That being said, you will find donation envelopes with your Sunday bulletins. These envelopes are for donations to specifically set aside funds for organ repairs for both St. John's and Holy Apostles organs. You may also specify as to which church your donation is to be applied. If you do not have access to these donation envelopes, please mail your donations to our parish office and again specify which church to apply your donation.

Thank you for your donations. We received \$5,311.00 as of November 30, 2014

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## FOOD BANK MINISTRY



During the month of January we are collecting any kind of canned or dry soups and crackers! Thank you to everyone who donated products in December. If you are in need of food assistance, please call the church office at 570-429-7107 and we will direct you to a local food pantry.

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**THANK YOU** to everyone who helped out in any way with the Thanksgiving Day Dinner at Holy Apostles. 240 meals were served with 132 meals delivered, 30 meals were picked up and we had 78 people join us at the church for dinner. Thank you again! North Parish is truly blessed with our volunteers!

**THANK YOU** to everyone who donated winter clothing. Your gifts will be given to a local charity to help keep people warm this winter.

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# NOVEMBER 2014 FINANCIAL REPORT

## North Parish Receipts

General Account		
	Nov.-14	\$ 4,284.33
Year to Date Gen. Receipts		\$ 65,063.19
Transfer in from M&I		\$ -

Transfer M&I Year to Date \$ 14,000.00

M&I Account		
	Nov.-14	\$ 4,134.75
Year to date		\$ 17,134.94

Memorial Account		
	Nov.-14	\$ 1,001.45
Year to date		\$ 3,609.60

Balances		
General Account		\$ 3,421.16
M&I Account		\$ 24,445.76
Memorial Fund		\$ 17,925.85
Temp. Restricted Fund		

## North Parish Disbursements

General Account		
	Nov.-14	\$ 7,468.91
Year to Date Exp.		\$ 80,874.27

M&I Account		
	Nov.-14	\$ -
Year to date		\$ 14,035.00

Memorial Account		
	Nov.-14	\$ -
Year to date		\$ 60.00



## 2015 PLEDGE REPORT

**2015 received 17 pledge cards totaling \$22,905.00**  
**2014 received 20 pledge cards totaling \$22,204.00**

**Decrease of 3 pledge cards**  
**Increase Giving of \$701.00**

**If you did not return a 2015 Pledge card, please do so today.**  
**We have an operating budget of \$83,217.00 for 2015.**

**Thank you for your continued financial support to North Parish.**

### Vestry Highlights – November 23, 2014

- **Sale of Christ Church approved by Bishop Sean Rowe.**
- **Free Thanksgiving Dinner to be held at Holy Apostles to include deliveries.**
- **Bishop's visit to North Parish will be Sunday, May 10, 2015 at 11:00 a.m. at Holy Apostles.**
- **Next Vestry Meeting is January 18, 2015, 1:30 p.m. at St. John's, Ashland.**



## NEWS FROM MARION C PRICE TRUST FUND

### **RESOLUTION HELP FOR 2015:**

*Your resolution is to learn CPR and AED:*

Hands on only CPR and AED (Automated External Defibrillator) instruction on Saturday, January 10<sup>th</sup>, at 10:30 AM at Trinity. Class approx. 1 ½ hours .Call Kathy Burda at 570-621-3220 to register.

*Your resolution is to learn something new:*

[www.coursera.org](http://www.coursera.org) Coursera is an educational platform that partners with top universities and organizations worldwide, to offer courses online for anyone to take, for free. [www.khanacademy.org](http://www.khanacademy.org) Khan Academy is an organization on a mission. They are a not-for-profit with the goal of changing education for the better by providing a free world-class education for anyone anywhere.

[www.ocw.mit.edu](http://www.ocw.mit.edu) OCW makes the materials used in the teaching of almost all of MIT's subjects available online and free of charge.

*Your resolution is to lose weight and keep it off:*

- Set the right goals - be specific and realistic.
- Know your triggers - and figure ways around those triggers to overeat.
- Fill up on food - Eat slower, give your brain time to notice you have eaten.
- Reward weight loss - with something desirable other than food.
- Keep track of your progress - jot down what you eat and how much you exercise.

[www.webmd.com](http://www.webmd.com)

*Your resolution is to quit smoking*

- Create a quit plan.
- Pick a quit date.
- Let loved ones know you are quitting
- Remove reminders.
- Identify smoking triggers.
- Develop coping strategies.
- Have support.
- Set up rewards.

[www.smokefree.gov](http://www.smokefree.gov)

*Your resolution is to be happier:*

- When faced with a problem, focus on a solution to find a way through it and out the other side.
- Believe in the good in people and be open and friendly to new people you meet.
- Concentrate on what's right in this world versus what's wrong.
- Believe you are unique and can't be duplicated, with this comes unlimited possibilities.
- Take steps daily to achieve your goals, but go with the flow when life happens.
- Do not live in worry and fear of what may happen.
- Live in the now and dream of the future. Walk, fall down, get back up again, and repeat. It's in the getting back up again where all the difference resides.

Tamara Starr – [www.huffingtonpost.com](http://www.huffingtonpost.com)

*Your resolution is to manage stress:*

- Identify your source of stress, look closely at your habits, attitude and excuses.
- Not all stress can be avoided and it's unhealthy to avoid a situation that needs to be addressed. You may be surprised, however, by the number of stressors that you can eliminate.
- If you can't avoid a stressful situation, try to alter it. Figure out what you can do to change things so the problem doesn't present itself in the future. Often, this involves changing the way you communicate and operate in your daily life.
- Some sources of stress are unavoidable. In such cases, the best way to cope with stress is to accept things as they are. Acceptance may be difficult, but in the long run, it's easier than railing against a situation you can't change.
- Beyond a take-charge approach and a positive attitude, you can reduce stress in your life by nurturing yourself. If you regularly make time for fun and relaxation, you'll be in a better place to handle life's stressors.
- Adopt a healthy life style: exercise regularly, eat a healthy diet; reduce caffeine and sugar; avoid alcohol, cigarettes and drugs and get enough sleep.

[www.heart.org](http://www.heart.org)

*Your resolution is to manage debt:*

- Know who and how much you owe. Make a list of your debts.
- Pay your bills on time each month.
- Create a monthly bill payment calendar.
- Make at least the minimum payment.
- Decide which debts to pay off first.
- Pay off collections and charge-offs.
- Create an emergency fund.
- Use a monthly budget to plan your expenses.
- Recognize the signs that you need help.

[www.credit.about.com](http://www.credit.about.com)

### **WINTER WEDNESDAYS ARE BACK:**

January 14<sup>th</sup> and February 4<sup>th</sup>; come to the noon Healing Service in the Chapel of St. Luke and stay for lunch sponsored by Diakon with a brief presentation on Arthritis in January and the Winter Blues in February. Call Kathy Burda at 570-621-3220 to register today.

### **OPERATION WE CARE:**

Thank you for your continued support of this very worthwhile project. To date we have mailed over 4250 pounds of goodies and personal care items to our local servicemen and women stationed in Iraq & Afghanistan. **Because of your generosity and things like the awesome Haunted House at Holy Apostles** we were able to send a few extra boxes of goodies to be shared with those that possibly don't get any packages from home.



# NORTH PARISH EPISCOPAL CHURCH SERVICES

## January 2015

January 4	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith The Rev. James C. Smith
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January 11	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith The Rev. James C. Smith
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January 18	Morning Prayer Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Robert Tiley The Rev. James C. Smith
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January 25	Holy Eucharist Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. James C. Smith Barry Idell
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	Notes:	Color:
January 4	The Second Sunday after Christmas Day	White
January 11	The First Sunday after the Epiphany The Baptism of Our Lord Jesus Christ	White
January 18	The Second Sunday after the Epiphany	Green
January 25	The Third Sunday after the Epiphany	Green





## 2014 CHRISTMAS FLOWERS WERE GIVEN IN LOVING MEMORY OF:

### St. John's

Amour, Hess  
 & Scheuren Families  
 Leona & Walter Briel  
 Margaret Briel  
 John & Isabelle Coddington  
 Kenneth Heffner  
 Earl & Beverly Hess  
 Walter Hynowski  
 Lester & Madeline Jones  
 Robert Jones  
 Ethel & Bert Kehler  
 Walter Kohler  
 Gladys Lally  
 Marlin "Sparky" Miller  
 Dorothy Tiley Miller  
 Wm. Miller, Jr.  
 Emily & Louis Morris (2)  
 William Morris  
 Betty Noble (2)  
 Mary Anne Clamser Orr  
 Sanner/Glick Family  
 who provided so much to Christ Church  
 Husband, James V. Spieles  
 Harold & Deborah Strunk  
 Timothy Strunk  
 Hattie & Alfred Strunk  
 Margaret & John Stivetts  
 John Stivetts, Jr.  
 Mary Stokes  
 Parents, Mark & Annette Trautman  
 Alice B. Umlauf  
 Alice Umlauf (2)  
 Anna & John Umlauf  
 Edward & Rosemary Ulceski



Flowers on the side altar  
 are in loving memory of the  
 Amour & Hess Families.

### Holy Apostles

Abby & Cinnamon  
 John Blake  
 Chattin Family  
 Frank & Margaret Davie  
 Robert and Mary Dean  
 Deans Family  
 Carol Dresch  
 Daniel & Evelyn Eisenhauer  
 John Foytak  
 Charles & Maggie Frantz  
 Frank & Ruth Frantz  
 Frank Frantz, Jr.  
 Frantz Family  
 Orme & Merle Frantz  
 Charlotte & Elmer Geiger  
 Clara & Edward Gehring  
 Bobby Goodman  
 Lewis & Myrle Goodman  
 Robert Haverty  
 Layla Kaylee Hitch  
 Earl & Mary Idell  
 Abram & Geneva Jones  
 Abram & Mary Jones  
 Gracie Kaya Kennedy  
 Mr. & Mrs. George Kimmel  
 Anna Mae Krebs (2)  
 Patricia Lecher  
 Misty & Ginger Leshner  
 Clair & Elizabeth Oliver  
 David Padfield  
 Alice & Albert Padfield  
 Sarah Smith Paul  
 Charlotte M. Paisley  
 Raymond D. Paisley, Sr.  
 Raymond D. Paisley, Jr.  
 Bertha & Robert Price  
 Irene & Stephen Rasimowicz, Sr.  
 Samuel Ray Family  
 Margaret Ray Perterman  
 Benjamin & Edith Ray  
 Alfred & Dolly Roberts  
 Russell Family  
 John Salata  
 Dale Shanoskie  
 Dorothy K. Smith  
 Harry G. Smith  
 Harry & Catherine Smith  
 Mrs. Edna Swartley  
 Marion Vidal

