

**NORTH PARISH
APRIL 2014
NEWSLETTER**

**THRU THE HANDS OF GOD -
ONE HAND HELPING ANOTHER
(North Parish's Mission Statement)**



From Fr. Tim's Desk

I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?"

John 11:25-26

As we begin the month of April we are still weeks away from Easter Day and here in the waning days of Lent we have one of the passages surrounding the raising of Lazarus from the dead. What is it doing here? Week by week we're in self-examination mode moving somberly toward the death of Jesus on the cross and we come across a life giving Easter sort of story. Why is it not part of the Easter season? It's the wrong time and the wrong place. Shouldn't we wait until Easter? But the reality is that whenever and wherever Jesus shows up, the dead come to life.

As much as the gospel of John emphasizes the divinity of Jesus Christ, the story of Lazarus reveals more about Jesus' humanity. Jesus was not dealing with some abstract or theological concept. Lazarus was a dear friend and when Jesus learned of his death his spirit was shaken and moved. Jesus wept. It was real. It was personal. After he dealt with his emotions Jesus looked toward heaven and thanked his Father for having heard him in his distress and he took charge and he invoked the power of God to raise Lazarus to new life, because he could.

In the midst of our own lives as we struggle with failing bodies or mental health, or hopelessness or despair, or grief or sorrow, or unbelief and unfaithfulness; we who claim the faith of Jesus are reminded that our comfort does not lie in some abstract theological concept. Our comfort lies in the Lord Jesus Christ. His presence is real and personal and now. He hears us in our distress and acts in our lives, because he can. Whenever and wherever Jesus shows up, the dead come to life.

"I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?"

Fr. Tim+



APRIL MEMORIALS



WINE & WAFERS: In honor of the birthday and in loving memory of Ruth Frantz by daughter Lois and family.
In loving memory of Matt Wylam by his wife Peg.
In loving memory of Hannah Strobel by Roy Amour.

BULLETINS: In loving memory of Walter and Leona Briel by Lee, Mary and Peter Umlauf.
In loving memory of Alice Umlauf by Susan, Bill, Jason and Abbey Noble and Holly Jazwinski.
In loving memory of Matt Wylam by his wife Peg.

SANCTUARY CANDLE: In loving memory of Irene and Stephen J. Rasimowicz Sr. by Janis and Barry Idell.
In loving memory of Matt Wylam by his wife Peg.

THE MAY BULLETINS ARE available for sponsorship. If you are interested in sponsoring the bulletins, please contact Shannon, Parish Administrator at 570-874-4532 or email her at nparish@ptd.net. The donation for bulletins is \$10.00.

NEWSLETTER DEADLINE

All articles for the May Newsletter should be submitted to our Parish Administrator, Shannon no later than April 9th. Volunteers are needed on Wednesday, April 23rd at 1:30 p.m. at Christ Church, Frackville (location subject to change) to help fold the newsletter.



NORTH PARISH EASTER FLOWER OFFERING FORM
PLEASE RETURN BY April 6, 2014
(Memorials will be published in the May Newsletter)

Name: _____

In Loving Memory of:

In Loving Memory of:

Church: _____ Amount: _____



Sharing Thoughts from the Senior Warden

By the time you are reading this newsletter, the season of Lent has been underway for some weeks, with Holy Week and Easter approaching quickly. Our weekly Gospel study continues until Holy Week, and again, I invite everyone and anyone, to give up an hour from your busy schedules for Lent, to join us as we pray the Litany, and discuss the upcoming Sunday's Gospel. This is our third year of fellowship and spirited discussions which has greatly enhanced our understanding and knowledge of the Gospels. So please join us at Holy Apostles, St. Clair, Wednesday nights April 2nd, 9th, & 16th at 7:00 P.M. Refreshments served.

May God bless you and your families!

Barry Idell

Vestry Highlights – March 2, 2014

Holy Week and Easter ad will run twice in the Republican Herald.

Records meetings to go through old records at Christ Church on Mondays, March 10, 17, & 24 at 6:00 p.m.

Youth - Our high school aged youth will be canvassed if they are interested in attending the Christophany Youth Meeting.

Fundraising - Upcoming ham/cabbage soup and corned beef/cabbage dinner to be held at St. John's on Saturday, March 15th - take out only - \$6.00 per quart or dinner.

Next Vestry Meeting will be held April 6th, at Holy Apostles, 1:30 p.m.



FOOD BANK MINISTRY

During the month of April we will be collecting peanut butter, jelly, cake mixes with canned frosting, and egg noodles for the local food banks. *Please note...these are suggested items; any non-perishable food items are gladly accepted! Thank you to everyone who donated products in March. If you are in need of food assistance, please call the church office at 570-874-4532 and we will direct you to a local food pantry.



PLEASE PRAY FOR:

Fr. Jim Smith, Deb Anderson, Kathy Dunham, Fawn Eisenhart, Kyle & Karl Schu, Laura Kennedy, Bill Goodrich, William Moore, Lori Kahler, Mary Moyer, Linda Regal, Christopher Albright, Jason Noble, Alma Davis, Martha Semar, Sherese Gavenport, Howard Hauk, Michele Esposito, Jessica Rhein, Mabel, Arlene Davis, Mckenzie Rose, Rafael Ramos, Shirley Moyer, Kay Collier, Kevin Rhein, Stephen Rasimowicz, Jr., John Hauk, Todd Leshar, Bob Jones, Sr., Maria Machos, Josh, Mark Rauco, Mary Price, Cheyenne Sheipe, Virginia M. Bushyager, Theresa Price, Jackie Jones-Allison, Theresa Robbins, Suzanne Glick Connor, Charlotte Smith, Thelma Morgan, Jim Spieles, Jr., Judy Demyan, June Leshar, Steven Leshar, Russell Leshar, Kristin Lecher, Suzette Pogash, Mary Catherine Glick, Kay Fertig, Charles J. Wylam, Mary Faith Goodman

PLEASE PRAY FOR OUR TROOPS SERVING HERE AND ABROAD.

PRAYER LIST POLICY: To request a person to be placed on the prayer list, please call the church office (570-874-4532) with the person's full name; also the person who is making the request must leave their name and phone number. There will be no time limit to how long a person can stay on the prayer list, however, please call the office when your prayer request has been met so the list will stay updated. Thank you.

BIRTHDAY & ANNIVERSARY BLESSINGS: You may have noticed that during Sunday services our priests have designated a spot in the service for birthday and anniversary blessings. If you would like a birthday or anniversary blessing, please let our priests know during the announcements that it is your special day.

APRIL BIRTHDAYS

Happy Birthday



- | | |
|---------------------|----------------------|
| 1 – John Brennan | 16 - Michael Scanlan |
| 2 – Sheryle Martin | 17 – Emily Koinski |
| 3 – Michelle Price | 18 – Liana Evans |
| 5 – Carol Menuchak | 21 – Lois Smith |
| Thelma Morgan | 22 – Denise Brennan |
| 7 – James Demcher | Richard Clamser |
| 9 – Cheryl McGlone | 24 – Abigail Snyder |
| 14 – Ross Shanoskie | 27 – Thomas Foerster |
| 16 – Ruby Powanda | |

If you would like your name added to the birthday list or if your birthday is listed incorrectly please call the church office at 570-874-4532.

HOLY WEEK SCHEDULE



**The Sunday of the Passion/Palm Sunday
Blessing & Distribution of the Palms
April 13, 2014**
9:00 a.m. – St. John's, Ashland
Celebrant – The Reverend Timothy Albright
11:00 a.m. – Holy Apostles', St. Clair
Celebrant – The Reverend Timothy Albright



MAUNDY THURSDAY – April 17, 2014
St. John's, Ashland - 8:00 p.m.
Combined Service of North Parish
Foot Washing & Stripping of the Altar
Celebrant – The Reverend Timothy Albright

We need 12 volunteers for the foot washing. If you would like to volunteer, please call the church office at 570-874-4532 by April 11th.



GOOD FRIDAY – April 18, 2014
Holy Apostles, St. Clair – 6:00 p.m.
Combined Service of North Parish
Spoken Service
Celebrant – The Reverend Timothy Albright



**The Sunday of the Resurrection/Easter Sunday
April 20, 2014**
9:00 a.m. – St. John's, Ashland
Celebrant – The Reverend Joseph DeAcetis
11:00 a.m. – Holy Apostles', St. Clair
Celebrant – The Reverend Timothy Albright

FEBRUARY 2014 FINANCIAL REPORT

North Parish Receipts

General Account		
Feb-14	\$	3,488.71
Year to Date Gen. Receipts	\$	9,114.98

M&I Account		
Feb-14	\$	156.75
Year to date	\$	1,549.06

Memorial Account		
Feb-14	\$	31.10
Year to date	\$	33.03

Balances		
General Account	\$	4,384.09
M&I Account	\$	22,888.88
Total Funds available	\$	27,272.97

Memorial Account	\$	14,409.28
Temp. Restricted Fund		

North Parish Disbursements

General Account		
Feb-14	\$	3,913.13
Year to Date Exp.	\$	9,963.13

M&I Account		
Feb-14	\$	8.00
Year to date	\$	8.00

Memorial Account		
Feb-14	\$	-
Year to date	\$	-



Please call the church office if:

- your address changes
- if a loved one has been admitted to the hospital
- if you have a prayer concern
- if there is any way we can assist you

Church Office Phone: (570) 874-4532

Church Office Address: North Parish, P.O. Box 487, Frackville, PA 17931

Church Office Email Address: nparish@ptd.net

Church Office Hours: Wednesdays & Thursdays: 1:00-5:15pm; Fridays: 1:00-4:30pm

Website: www.northparish.com

Clergy – The Reverend Timothy Albright; The Reverend James C. Smith

Senior Warden – Barry Idell – (570) 385-7978; cell – (732) 690-5862

Like us on Facebook: <https://www.facebook.com/Northparisepiscopalchurch>

Please note: No items shall be removed from Christ Church worship areas and the undercroft without the permission of the Vestry.

SCHOLARSHIPS AVAILABLE

Applications are now being taken for two collegiate scholarships administered by the Diocese of Bethlehem. These are:

The Leonard Hall Scholarship--for diocesan youth active in youth ministries and The Gressle Scholarship--for the male children of diocesan clergy resident in Pennsylvania, with priority given to clergy families in the Diocese of Bethlehem.

Completed applications are due to Diocesan House by May 15. Awards are made during the summer for the following academic year.

For information and applications, please go to the diocesan Website - http://www.diobeth.org/How_We_Serve/Diocesan_Scholarships_and_Funds/ or contact Nanette Smith, Administrative Assistant to the Archdeacon at 610-691-555, ext. 222 or nsmith@diobeth.org.



**Third annual Weekly Lenten Bible Study & Fellowship Hour
Wednesdays at 7:00 P.M. at Holy Apostles Church**

**Please join us as we pray the Litany followed by a lively discussion of
God's Word with fellowship and refreshments!**

We will meet April 2, 9, & 16.

Everyone is invited!



Dear Senior Warden and Parishioners of North Parish,

On behalf of the Marion Price Trust Fund and myself I would like to thank you for the generous donation of \$200. This donation aids in granting the wishes of the late Marion C. Price to care for the elderly Episcopalians of Schuylkill County. Your continued support is deeply appreciated.

**Sincerley,
Kathy Burda
R.N./Parish Nurse
Administrator MPTF**

THANK YOU to everyone who made soup or baked goods for our Soup & Bake Sale in February and thank you to everyone who purchased items too! We had a profit of \$575 which was designated for our General Operating Expenses AND thank you again to everyone who supported the Ham & Cabbage Soup Sale and Corn Beef & Cabbage Dinner Sale in March. We had a profit of \$500 which was also designated for our General Operating Expenses.

NEWS FROM MARION C. PRICE TRUST FUND

Salt – Do you know the average American eats over 3,000 milligrams of salt a day. Increased sodium (salt) in our diet puts us at a higher risk for heart disease and elevated blood pressure, and even without a salt shaker here and there, our food is brimming with it. The American Heart Association (AHA) recommends limiting sodium intake to less than 1,500 milligrams per day.

The challenges are that 77 % of the salt we consume is already in the prepared foods we eat, people are eating more processed foods, eating out more and eating fewer fresh home cooked meals.

There are six foods that sneak salt into our diets:

1. Bread and rolls – Most breads will have 100 to 200 milligrams of sodium per slice. Read the labels and find whole-grain bread that has less than 200 milligrams of sodium per serving.
2. Cold cuts and cured meats – Ham is a particularly high offender. If you indulge in lunch meats, find low-sodium varieties but even those cold cuts marketed as low sodium may be high.
3. Pizza – Pizza brings together a melting pot of high sodium ingredients. Lessen the blow by choosing olive oil instead of tomato, opt for veggie toppings instead of meat. Limit yourself to two small slices and have a salad or steamed vegetable to round out the meal.
4. Poultry –A natural fresh or frozen piece of chicken could be injected with broth or sodium solution preservatives that boost sodium content up to 200 milligrams per serving. When purchasing chicken, avoid any prepared or processed products, which are packed with seasonings and sodium and are often fried. Consider fresh fish to bake or grill as another low-sodium alternative.
5. Soup – A single serving of canned soup often measures in at 600-1,000 milligrams of sodium per serving (with two servings per can). It helps to choose a lower-sodium variety, but even those can score 400-plus milligrams per cup.
6. Sandwiches – a sandwich or burger from a fast food restaurant can contain more than 100 % of your daily suggested dietary sodium. BBQ sauce and ketchup add sugar and salt.

Senior Adventures – Spring has sprung and that means our Senior Adventures is about to start. Join us Thursday, April 24th when we travel to Edith's Kitchen in Catawissa. We will leave Trinity at 11:00 AM. Please call Kathy Burda at 570-621-3220 to make your reservations.

Operation We Care – I would like to thank everyone for your continued support for this very worthwhile project. We received this note after our November, 2013 mailing

“Dear friends, Thank you for thinking of us and sending the wonderful items to our team. It's always great to know that we have the support and prayers of caring folks like you back home. Again, from all of us here at Bagram Airfield, Thank you and God Bless.”

Our next mailing is scheduled for May, 2014.

NORTH PARISH EPISCOPAL CHURCH SERVICES

April 2014

April 6	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. Robert Wellner The Rev. Timothy Albright
April 13	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. Timothy Albright The Rev. Timothy Albright
April 17	Holy Eucharist	8:00 p.m.	St. John's	The Rev. Timothy Albright (Maundy Thursday – Combined Service of North Parish)
April 18	Holy Eucharist	6:00 p.m.	Holy Apostles	The Rev. Timothy Albright (Good Friday – Combined Service of North Parish)
April 20	Holy Eucharist Holy Eucharist	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	The Rev. Joseph DeAcetis The Rev. Timothy Albright
April 27	Morning Prayer Morning Prayer	9:00 a.m. 11:00 a.m.	St. John's Holy Apostles	Donald Clamser, Sr. Jane Shaqfeh

	Notes:	Color:
April 6	The Fifth Sunday in Lent	Purple
April 13	The Sunday of the Passion/Palm Sunday	Red
April 17	Maundy Thursday (Stripping of the Altar – Foot Washing)	White
April 18	Good Friday (Spoken Service)	Red or Black
April 20	The Sunday of the Resurrection: Easter Day	White
April 27	The Second Sunday of Easter	White